

September 2021 Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Nighttime and Holidays Clinic and Sunday dental clinics may pause and re-open their services based on the current COVID-19 situation. For information about closures and re-openings, see the city homepage or call one of the numbers below. If you need healthcare on a holiday or at night while these clinics are closed, please contact a city or prefectural hospital.

Contact

- ① Nighttime and Holidays Clinic (25-3935), Oshu Kanegasaki Administrative Association (24-5821)
- ② Oshu Dentistry Association Secretariat (24-0810)

Mizusawa			
Day		☎	Address
Open Sundays, holidays 8:30 am - 4:00 pm. Open nights every day 6:30 pm - 9:00 pm.	Oshu Kanegasaki Holidays Clinic	25-3935	21-1 Taga Mizusawa
Dentists (9:00 – 12:00)			
Sept. 5 th	Hitaka Dental Clinic	22-5330	22-15 Mizusawa Kyuden
12 th	Chida Dental	41-3322	3-1-7 Maesawa Ekihigashi
19 th	Otemachi Dental Clinic	51-8820	5-1 Mizusawa Otemachi
26 th	Jun Dental Clinic	51-2118	202-1 Mizusawa Sakurayashikinishi
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)			
Sept. 5 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori
12 th	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori
19 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi
26 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara
★Children Emergency Helpline (☎ 019-605-9000) Open daily 7 PM-11 PM			

Ichi-Sapo Oshu Room

Support services for people who are ready to work.

Morning: Seminar & workplace training

Afternoon: Individual consultations (by appointment)

When? September 1st (Wed) and September 15th (Wed),

10:00AM – 3:00PM

Where? Maple basement

Participants: Job seekers age 15 to 49, their families, etc.

Cost: Free!

Applications, contact: Ichinoseki Youth Support Station
(0191-48-4467)

Taxes

Property tax (payment #3) and National Health Insurance (payment #3) are due September 30th (Thurs)

Please consider setting up automatic tax payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Fri) 1:00PM to
	24 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	8 th (Wed) 9:30AM to 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	9 th (Thurs) 9:00AM to 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	28 th (Tues) 1:30PM to 3:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Thurs) 1:30PM to
	16 th (Thurs) 3:30PM
Esashi Gen. Branch Office, Citizen Living Group	14 th (Tues) 1:30PM to 3:30PM
Seibo Community Center	2 nd (Thurs) 1:30PM to 3:30PM

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Main City Hall	2 nd (Thurs) 10:00AM to 3:15PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Wed) 10:00AM to
	28 th (Tues) 4:00PM

Events

※ The events promoted on this page may be changed, postponed, or canceled to prevent the spread of COVID-19. For the most current information on events, check the Oshu city website.

14th Oshu Mannen no Mori Forest Tree Planting

Bring a hat, gloves, boots, a rain poncho/raincoat, and something to drink.

When? September 11th (Sat) 9:30AM – 11:30AM

Where? Oshu Mannen no Mori Park (in Ishida, Maesawa)

Participants 150 local residents (applications required)

Cost Free!

How to apply Call the number below by Sept. 3rd (Fri.)

☎ (Applications, inquiries) Maesawa Gen. Branch Office Local Support Group (34-0261)

September Star-Gazing Event

① All About the September Night Sky

② The Twinkling September Constellations

When? September 11th (Sat) 7:00PM – 8:30PM

Where? Oshu Space & Astronomy Museum (seminar room and parking lot)

Participants 30 people (registration required)

Cost Free!

How to apply Call the number below

☎ (Applications, inquiries) Oshu Space and Astronomy Museum, 24-2020

Sports Classes

Esashi Culture Park & Esashi Central Gym Events

★Parent-Child Tennis Class

When? Sept. 23rd (Thurs/holiday), 9:30AM – 11:30AM

Where? Esashi Culture Park Tennis Court

Participants: 30 pairs

Cost 600 yen per pair

How to apply: Deadline is Sept. 22nd (Wed); apply by phone, fax, or in person

★Balance Ball Exercise

Schedule:

Sept. 11 th	Sept. 25 th	Oct. 9 th
Oct. 23 rd	Nov. 13 th	Nov. 27 th

※ 6 sessions, all on Saturdays at 10:00AM – 11:30AM

Where? Esashi Central Gym Community Hall

Participants: 15 people per session

Cost 500 yen per session

How to apply: Apply in person or by phone before 5PM on the day before the class you wish to take.

☎ (Applications, inquiries) Esashi Central Gym (TEL: 31-2100, FAX: 35-5311)

Z Arena Lymph Conditioning

Bring a large towel, a face towel, and something to drink.

When? Sept. 10th (Fri), 7:00PM – 8:30PM

Where? General Gym Meeting Room

Participants: 20 people, first come first serve

Cost 800 yen

How to apply: By phone or fax

☎ (Applications, inquiries) City General Gym Z Arena (22-7000)

Oversize Garbage Collection Notice

Applications must be made in advance to dispose of oversize garbage. Apply by phone or in person at some point before the deadline, at your local branch office (or Main City Hall for Mizusawa.) Oversize garbage will **not** be collected without an application, even if it's brought to the collection area. Please pay the fee on the collection day.

Contact: Main City Hall Consumer and Environmental Protection Division, Living and Sanitation Section (34-2341) or the area support group at your local branch office

■ Collection dates, places, and deadlines

Area	Date	Time	Place	Deadline
Mizusawa	Sept. 18 th (Sat)	9:00AM – 9:45AM	Mizusawa Sharyo Center	Sept. 15 th (Wed)
		10:15AM – 11:00AM	Mizusawa Minami Community Center	
		11:30AM – 12:15PM	Former Higashi Mizusawa JHS Gym	
Esashi	Nov. 7 th (Sun)	9:00AM – 9:30AM	Yanagawa Community Center	Nov. 2 nd (Tues)
		10:15AM – 10:45AM	Senior Production Activity Center	
		11:30AM – 12:00PM	Former JA Esashi Atago Agricultural Center	
		1:30PM – 3:30PM	JA Esashi Main Office	
Maesawa	Oct. 24 th (Sun)	9:00AM – 11:30AM	Maesawa Clinic	Oct. 20 th (Wed)
Isawa	Oct. 31 st (Sun)	8:30AM – 9:00AM	Isawa Atago Community Center	Oct. 27 th (Wed)
		9:30AM – 10:00AM	Kuyozuka Gym	
		10:30 – 11:00AM	Natsuta Community Center	
		11:30AM – 12:00PM	Watanabe Memorial Hall	
Koromogawa	Sept. 25 th (Sat)	9:30AM – 11:00AM	Koromogawa Gen. Branch Office	Sept. 21 st (Tues)

- Tanko Regional Sanitation Center can dispose of up to 100 kg (220.5 lbs) worth of waste that is brought in directly for 500 yen. (Some things cannot be disposed of here, so please call ahead at ☎ 24-5821.)
- No business waste.

Oversize Garbage Collection Notice (cont.)

Item type		Cost per item (yen)	
Video cassette recorders, stereos, word processors, electric fans, vacuum cleaners, gas stoves, microwaves, <i>kotatsu</i> , stove heaters, bicycles, car batteries, chests of drawers, desks, legless chairs		500 yen each	
Tires (standard cars and smaller)	With wheel	500 yen each	
	Without wheel	300 yen each	
Beds	Frames	500 yen per frame	
	Mattresses	Singles	2000 yen per single
		Doubles	3000 yen per double
Sofas		1000 yen per number of seats	
Small agricultural equipment	Mini cultivators	1000 yen each	
	Manual atomizers and weed whackers	500 yen each	
Futons		200 yen each	

Information on COVID-19

※ Information about COVID-19 is changing all the time. For the most up-to-date info, check the Oshu city homepage.

Notice About Vaccinations

Oshu postponed vaccine appointments for a month for those age 64 and under, since the national supply of vaccines was uncertain, but now appointments are gradually starting again.

Also, students and others who have put off exams and job hunting this year may receive priority status for vaccines, and vaccine tickets for the 12-15 age bracket will start to be sent out.

Vaccines for Those Age 60-64

Appointment start date: August 24th (Tues) from 9:00AM

How to make an appointment: Call Oshu City COVID-19 Vaccine Call Center (0120-40-10-63, available weekdays 9:00AM – 6:00PM.)



Or make an appointment via the website: [Oshu City COVID-19 Vaccine Call Center](#)

Priority Vaccines for Examinees and Job Seekers

Middle school and high school students who have put off exams or job hunting activities this year may be eligible for priority vaccination. This starts August 31st (Tues) for high schoolers; for middle schoolers, appointments will begin based on the vaccine supply situation.

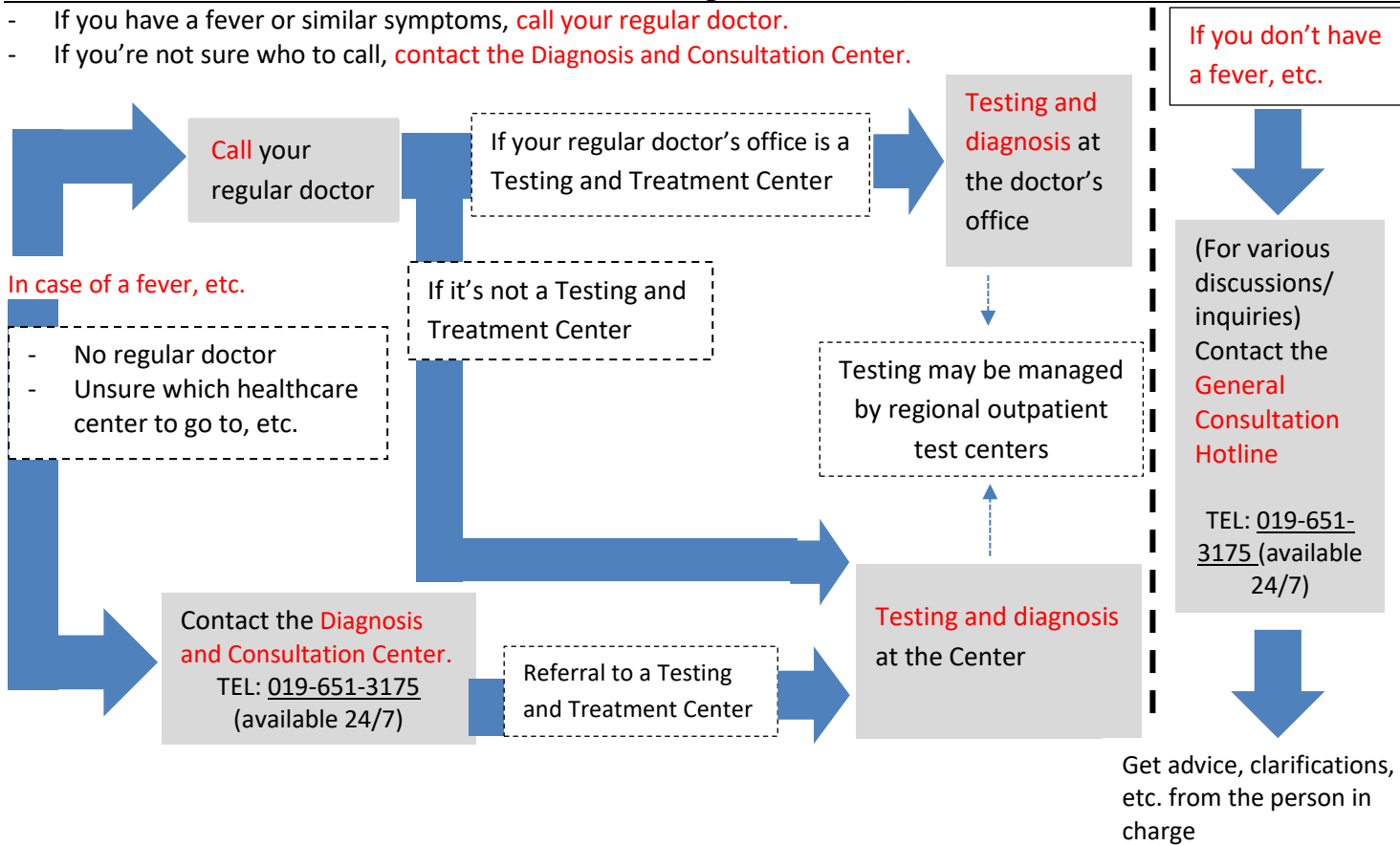
Those who may qualify but are not currently middle or high school students may make an appointment via the Call Center after declaring their identity.

Vaccine Tickets for Those Age 12-15

Tickets will be sent out starting on August 19th. Since the supply situation is uncertain, please check the newsletter or the city website for information about appointment start dates.

Information on COVID-19 (cont.)

Consultations and Diagnosis for Fevers, Etc.



About COVID-19 Vaccine Certificates

The city will be issuing COVID-19 vaccine certificates to certify vaccination for those who have plans to travel abroad. This certificate may be used by the other country to determine easing of infection control measures, etc. when you arrive at your destination. Issuance is free of charge.

For details about participating countries (as of August 25th, 2021) please see this page:
<https://www.anzen.mofa.go.jp/covid19/certificationlist.html>

For details about how to get a certificate, please see this page:
<https://www.city.oshu.iwate.jp/site/korona/33957.html>