

September 2026

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
Sept. 6 th	Dr. Noro (Noro Surgery & Urology Clinic)			
13 th	Dr. Kaneko (Aterui Orthopedic Surgery Clinic)			
20 th	Dr. Kamei (Kamei Internal/Digestive Clinic)			
21 st	Dr. Kikuchi (Oshu Kikuchi Orthopedic Surgery Clinic)			
22 nd	Dr. Suzuki (Suzuki Internal & Gastroenterology Clinic)			
23 rd	Dr. Tamazawa (Tamazawa Rehabilitation Orthopedics)			
27 th	Dr. Sato (Sato Orthopedic Surgery & Rheumatology Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
Sept. 6 th	Arakida Dental Clinic	47-3323	23-93 Mizusawa Nakamachi	
13 th	Takasaki Dental	47-4182	188-1 Maesawa Aza Takezawa	
20 th	Yui Dental Clinic	25-7422	2-21 Mizusawa Fukuromachi	
27 th	Sekine Dental Clinic	35-6161	3-12 Esashi Nishiodori	
<u>Emergency Medical Phone Consultations</u>				
★General (All Ages) ☎ #7119 or 019-656-1774. 24 hours a day, every day year-round.				
★Children (under 15) ☎ #8000 or 019-605-9000. 7PM – 8AM the next day, every day year-round.				

Taxes

Property tax (payment #3) and National Health Insurance (payment #3) are due Wednesday, September 30th.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

September Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 th (Fri) 1:00PM –
	25 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	9 th (Wed) 9:30AM – 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	10 th (Thurs) 9:00AM – 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	29 th (Tues) 1:30PM – 3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall Auditorium	10 th (Thurs) 10:30AM-3:30PM

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Wed) 10:00AM-29 th (Tues) 4:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	16 th (Wed) 1:00PM –
Esashi Gen. Branch Office, Citizen Living Group	2 nd (Wed) 4:00PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Wed) 10:00AM-15 th (Tues) 3:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	3 rd (Thurs) 17 th (Thurs) 1:30PM
Esashi Gen. Branch Office, Citizen Living Group	15 th (Tues) – 3:30PM
Seibo Comm. Center	3 rd (Thurs)

Events

Oshu Space & Astronomy Museum Events

① Planned Exhibit: Disaster Prevention Through Learning from the Soil

When? September 2nd (Wed) – November 1st (Sun)

② Stargazing Event: Let's View the Milky Way in Koromogawa!

When? September 12th (Sat), 7:00PM – 8:30PM

Participants: Limit 30 people, applications required

③ Science Talk: Did the Old Rocks in Esashi Come from the Southern Islands?

When? September 20th (Sun), 3:00PM – 4:00PM

Participants: Limit 20 people, applications required

Lecturer: Mr. Nobuyuki Kawano

④ Sunday School: You Too Are Galileo Galilei

When? September 27th (Sun), from 2:30PM

Participants: Limit 20 people, applications required

Cost for all: Free! (Admission charged for ① and ④)

☎ Location, questions, and applications for all: Oshu Space and Astronomy Museum (24-2020)

※② will take place at Koromogawa Kitamata Community Center

Go Park 2026: Mizusawa Walking Fest: A New Event in Mizusawa Park

Music, food, and sports will merge together in a new event called Go Park 2026: Mizusawa Walking Fest (planned and operated by the Mizusawa Central Community Development Executive Committee.) Also, Oshu's official mascot character Oshutaro will be appearing in costume for the first time. It's an event that's packed with all sorts of activities, so please come by!

When? September 20th (Sun), 3:00PM – 9:00PM and September 21st (Mon/holiday), 10:00AM – 5:00PM

Where: Mizusawa Park

Event details:

★ Music Event

12 DJs, each with their own unique sound. Enjoy the venue as it's surrounded by chill music.

★ Craft Beer / Food Market

A market of breweries, wineries, and eateries from around Tohoku.

★ Sports Event

A sporting event held by pro sports clubs.

★ Skatepark

Mizusawa Park will serve as a skateboard park for these days only – featuring guest skaters.

Contact: Mizusawa Central Community Development Executive Committee Secretariat (080-3337-9757)

Animal Welfare Festival

When? September 20th (Sun), 12:00PM – 2:00PM

Where? Maple

Details: Photo exhibit of cute pets, consultation corner for asking anything about animals, and more

Contact: Pref. Veterinary Association, Mizusawa Branch (23-8211)

Notices

Let's Prevent Mountain Accidents

Last year, there were 13 victims in 11 incidents related to foraging for mountain vegetables in Iwate. Of those, 7 were injured, 6 of whom were injured by bears.

When you go to the mountains for climbing, foraging, or similar, submit a climbing plan, and cancel if the weather or your physical condition isn't good. Be sure to take precautions to protect yourself from bears too, so we can all climb safely.

Contact: Yakeishi Mountain Range Mountain Accident Prevention Strategy Committee Secretariat (within Oshu Police Station, 25-0110)

Garbage Bags Other Than City Official Bags May Still Be Used

Since the supply of city official burnable garbage bags remains unstable, the period of time that unofficial bags may be used has been extended.

Timeframe: Until December 31st (Thurs)

Requirements for the bags: ① A plastic bag that's about 15L-45L in size, semitransparent or transparent, that can be tied shut.

② In the case of using a city official **non**-burnable garbage bag, write "burnable garbage" on the bag with a marker.

※ Bags whose contents can't be seen, non-plastic bags, and official garbage bags from other municipalities may not be used.

Other info: If you're able to buy city official garbage bags, please use them.

Contact: Main City Hall Living Environment Dept., 34-2341