

July 2026

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
July 5 th	Dr. Abe (Sakura Clinic)			
12 th	Dr. Ishikawa (Ishikawa Hospital)			
19 th	Dr. Ishikawa (Ishikawa Cardiovascular Clinic)			
20 th	Dr. Ri (Mizusawa Plastic Surgery Clinic)			
26 th	Dr. Iwasaki (Sakurai Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
July 5 th	Abe Dental Clinic	44-3918	25-1 Kanegasaki-cho Nishine Aramaki	
12 th	Arisumi Dental Clinic	42-3006	60-2 Kanegasaki-cho Nishine Machiura	
19 th	Hitaka Dental Clinic	22-5330	22-15 Mizusawa Aza Kyuden	
26 th	Otemachi Dental Clinic	51-8820	5-1 Mizusawa Otemachi	
<u>Emergency Medical Phone Consultations</u>				
★General (All Ages) ☎ #7119 or 019-656-1774. 24 hours a day, every day year-round.				
★Children (under 15) ☎ #8000 or 019-605-9000. 7PM – 8AM the next day, every day year-round.				

Taxes

Property tax (payment #2) and National Health Insurance (payment #1) are due Friday, July 31st.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

July Consultation Rooms

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Wed) 10:00AM-
	28 th (Tues) 4:00PM

*Depending on availability, you may be asked to consult on an open day the following month.

Free Multiple Debts Consultation with a

Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Wed) 10:00AM-
	21 st (Tues) 3:00PM

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Fri) 1:00PM –
	24 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	8 th (Wed) 9:30AM – 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	9 th (Thurs) 9:00AM – 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	28 th (Tues) 1:30PM – 3:00PM
Koromogawa Health & Welfare Center	9 th (Thurs) 1:30PM – 3:30PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	15 th (Wed) 1:00PM –
	–
Esashi Gen. Branch Office, Citizen Living Group	1 st (Wed) 4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Thurs)
	16 th (Thurs) 1:30PM
Esashi Gen. Branch Office, Citizen Living Group	21 st (Tues) – 3:30PM
Koromogawa Health & Welfare Center	9 th (Thurs)

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall Auditorium	8 th 10:30AM-
	(Wed) 3:30PM

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Notices**Garbage Bags Other Than City Official Bags May Be Used**

Due to instability with the supply of city official burnable garbage bags, for a limited time, substitute unofficial bags may be used to throw out burnable garbage.

Timeframe: Until August 31st (Mon)

Requirements for the bags: ① A plastic bag that's about 15L-45L in size, semitransparent or transparent, that can be tied shut.

② In the case of using a city official **non**-burnable garbage bag, write "burnable garbage" on the bag with a marker.

※ Bags whose contents can't be seen, non-plastic bags, and official garbage bags from other municipalities may not be used.

Other info: If you're able to buy city official garbage bags, please use them.

Contact: Main City Hall Living Environment Dept., 34-2341

Classes and Events**Balance Ball Exercise at Esashi West Gym**

When? July 11th, August 22nd, and September 12th (all Saturdays), 10:00AM – 11:00AM

Participants: 12 people per session

Cost: 1000 yen per session

How to apply: Apply in person or by phone by 5PM on the day before the class you wish to take.

Location and contact: Esashi West Gym (35-5544)

Parent-Child Oshu Traditional Culture Classes

Parent-child Oshu traditional culture classes are looking for participants. Come and try experiencing 4 traditional arts: deer dance, sword dance, tea ceremony, and flower arranging.

Who? Preschool children (age 4 and up) to high school students. ※ Parents and children may participate in tea ceremony together.

Applications and contact: City Arts & Culture Association (within the City Cultural Center, 22-6622)

Esashi-Fujiwara Heritage Park Events

★ Firefly Viewing Event

When? July 3rd (Fri) – 5th (Sun), 7:30PM – 9:00PM (last admission at 8:30PM)

Cost: 500 yen for high schoolers and up, 300 yen for middle/elementary schoolers (with proof of residence in Oshu city

※ Additional fees for those coming from outside Oshu

Other info: The restaurant will be open at night during the event (5:00PM – 8:00PM)

★ Anniversary of the Park Opening

When? July 4th (Sat), 9:00AM – 5:00PM

Cost: Free! (With proof of residence in Oshu city. Additional fees for those coming from outside Oshu)

☎ Location and contact for both: Esashi-Fujiwara Historical Heritage Park (35-7791)

City Pools to be Open!

★ Ogane Park Public Pool

When? July 11th (Sat) – August 22nd (Sat), 9:30AM – 12PM and 1PM – 5PM

Days off: July 13th (Mon), 21st (Tues), 27th (Mon) and August 3rd (Mon), 10th (Mon), 17th (Mon). Reserved for a tournament on August 23rd (Sun).

Contact: Ogane Park Public Pool (25-2030) ※ While the pool is closed, contact Mizusawa Martial Arts Dojo (25-3974)

★ Maesawa B&G Marine Center Pool

When? Until September 13th (Sun), 9:30AM – 12PM and 1PM – 5PM ※ Also open from 5:30PM – 8:00PM from July 20th (Mon/holiday) – August 16th (Sun)

Days off: Every Monday and August 12th (Wed) (Will be open on July 20th (Mon/holiday) and August 10th (Mon))

Contact: Maesawa Iki-Iki Sports Land (56-7290)

Oshu Space & Astronomy Museum Events

① ★ Tanabata Starry Skies Concert from Polano & Stargazing Event

When? July 11th (Sat), 6:30PM – 8:30PM

② ★ Planned Exhibit: A Thorough Examination of Radio Telescopes!

When? July 18th (Sat) – August 24th (Mon), 9:00AM – 5:00PM (museum closed on Tuesdays)

③ ★ Nostalgic Guided Tour of the Observatory 2026, Including Spaces That Are Off-Limits to the Public

When? July 18th (Sat) – 20th (Mon/holiday), at 11AM, 1:10PM (mini lecture), and 2:30PM

Participants: 10 people (20 people for the mini lecture)

④ ★ Science Talk Chapter 1: This and That on Mt. Yakeishi

When? July 19th (Sun), 3:00PM – 4:00PM

Participants: Limit 20 people, first come first served, applications required

★ **Cost for all:** Free! (Admission charged for ② and ③)

☎ Location, questions, and applications for all: Oshu Space and Astronomy Museum (24-2020)