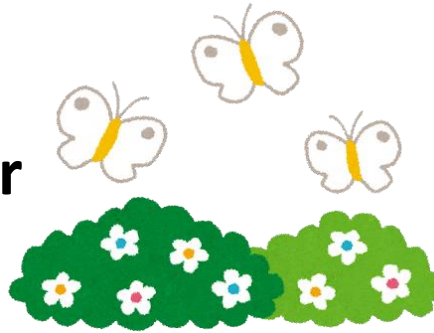


April 2026

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
April 5 th	Dr. Takehana (Takehana Mammary Clinic)			
12 th	Dr. Tamura (Tamura-Kawakami Clinic)			
19 th	Dr. Sato (Sato Orthopedic Surgery & Rheumatology Clinic)			
26 th	Dr. Chida (Chida Internal Medicine Clinic)			
29 th	Dr. Idzutsu (Miki Hospital)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
April 5 th	Nakajima Dental Clinic	51-7797	25 Mizusawa Aza Ko-ami	
12 th	Kodama Dental Clinic	23-4181	1-138-2 Mizusawa Hadacho Ekiminami	
19 th	Nakatacho Dental Clinic	23-3415	3-29 Mizusawa Nakata-cho	
26 th	Ishikawa Dental Clinic	47-3477	12 Mizusawa Aza Obatakekoji	
Notice: As of March 2026, <i>seikotsu</i> clinics (which offer therapeutic massage and PT-like treatments) will no longer have Sunday clinic hours. Thank you for your usage over the years.				
★Pref. Emergency Center (☎ 019-656-1774 or #7119) Available for emergency consultations 24 hours a day, every day year-round.				

April Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Fri) 1:00PM –
	24 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	8 th 9:30AM –
	(Wed) 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	9 th 9:00AM –
	(Thurs) 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	28 th 1:30PM –
	(Tues) 3:00PM
Koromogawa Health & Welfare Center	9 th 1:30PM –
	(Thurs) 3:30PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Esashi Gen. Branch Office, Consultation Room 313	9 th 10:30AM- (Thurs) 3:30PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Wed) 10:00AM-
	21 st (Tues) 3:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Thurs) 16 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	14 th (Tues) 1:30PM –
Maesawa Comm. Center	2 nd (Thurs) 3:30PM
Koromogawa Health & Welfare Center	9 th (Thurs)

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Wed) 10:00AM- 28 th (Tues) 4:00PM

*Depending on availability, you may be asked to consult on an open day the following month.

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	15 th (Wed) 1:00PM –
Esashi Gen. Branch Office, Citizen Living Group	1 st (Wed) 4:00PM

Notices**Extra Days/Hours for My Number Card Applications**

The office is open on extra hours and days off, to allow people to apply for, and get, a My Number card. Appointments are required for weekend hours.

Extended hours: April 9th and May 14th (both Thursdays), 5:15PM – 8:00PM

Weekend hours (by appointment): April 25th & 26th (Sat/Sun) and May 23rd & 24th (Sat/Sun), 9:00AM – noon

Details: Bring your driver's license or some form of personal ID. The applicant themselves should come to city hall for the procedures. For minors under age 15, the minor themselves and a parent need to come to city hall.

☎ Main City Hall Citizen Services Dept. (34-2223)

Search ID: 299

Up to 50,000 Yen in Assistance for Purchasers of Energy-Efficient Home Electronics

Support funds are being distributed by the city to people who buy and replace certain home electronics, with the goal of reducing greenhouse gas emissions. Please see the city website for application forms and similar.

Timeframe: June 1st (Mon) – January 29th, 2027 (Fri)

Eligible electronics:

- Air conditioners (that meet at least 100% of the standards for energy conservation for the years 2027 or 2029)
- Electric refrigerators (that meet at least 100% of the standards for energy conservation for the year 2021)

※ For June 1st – December 31st, this is limited to purchases from shops registered with Oshu Eco Offices.

Amount: Up to one third of the price of the electronic item (excluding tax.) Up to 50,000 yen, rounded down to the nearest 100 yen.

Other information: Applications will not be taken after the budget limit has been reached. One electronic can be applied for by a household at a time. When applying, you'll need the old electronic's product quality label or a copy of the warranty. Those who got the same support funds in 2023 or onwards may also apply.

☎ Main City Hall Living Environment Dept. (34-2340)

Search ID: 17736

First Aid Classes

For details, please see the website.

Basic First Aid Class I

Dates & locations: April 26th at Kanegasaki Substation, May 24th at Koromogawa Substation, June 28th at Mizusawa Fire Station, July 26th at Isawa Substation, August 23rd at Maesawa Substation, and September 27th at Mizusawa Fire Station (all Sundays, 9AM-noon)

※ September 27th's is 9AM-11AM. That day will be practical only; take the online lecture in advance. Submission of the course completion certificate is required.

Contents: CPR, how to use an AED, the Heimlich maneuver, and how to stop bleeding

Participants: Anyone middle school aged and up, 25 people per session

Cost: Free!

Application deadline: At least 2 days before the class you wish to take

 Oshu Kanegasaki Administrative Association, Firefighting Main Office (24-7211)



Events

49th Annual Oshu Maesawa Spring Festival

Creative performances from Maesawa's regional *yakudoshi* group, dances and performances from local groups, food stalls, and more. No parking around the venue; please use public transportation or another alternative.

When? April 19th (Sun), 10:00AM-4:30PM ※ Will still be held if it rains.

Where? Maesawa Fureai Center parking lot, around Maesawa Gen. Branch Office

 Maesawa Festival Executive Committee Office (Maesawa Chamber of Commerce, 56-2105)

Search ID: 10717

Oshu Space and Astronomy Museum Events

★ Stargazing Event

When? April 11th (Sat), 7:00PM – 8:30PM

Details: Storytime: What's a Zenith Telescope? and Stargazing Event: Let's Check Jupiter's Position

Cost: Free!

★ Planned Exhibit: Nobeyama Observatory Exhibition

When? April 22nd (Wed) – May 10th (Sun), 9AM – 5PM (Museum is closed on Tuesdays. Starting on the 29th, stickers will be distributed to the first 100 visitors.)

Cost: Free! (Admission charged separately)

★ Sunday School: Let's Make a Metronome!

When? April 26th (Sun), 2:30PM – 3:30PM

Participants: 20 people, first come first serve, applications required

Cost: 100 yen (Admission charged separately)

Location, questions, applications for all: Oshu Space and Astronomy Museum (24-2020)

