

December 2025

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
Dec. 7 th	Dr. Abe (Sakura Clinic)			
14 th	Dr. Ishikawa (Ishikawa Cardiovascular Clinic)			
21 st	Dr. Iwasaki (Sakurai Clinic)			
28 th	Dr. Oikawa (Oikawa Orthopedic Surgery Clinic)			
31 st	Dr. Ito (Ito Family Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
Dec. 7 th	Otemachi Dental Clinic	51-8820	5-1 Mizusawa Otemachi	
14 th	Hatakeyama Dental	35-8811	3-1-26 Esashi Toyota-cho	
21 st	Jun Dental Clinic	51-2118	202-1 Mizusawa Aza Sakurayashikinishi	
28 th	Takano Dental Clinic	23-2488	37-7 Mizusawa Aza Yachimyoen	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Dec. 7 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Aza Sanbongi	
14 th	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Aza Minami Ogane	
21 st	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
28 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
<p>★Pref. Emergency Center (☎ 019-656-1774 or #7119) For emergency consultations 24 hours a day, every day year-round.</p> <p>★Children's Emergency Helpline (☎ 019-605-9000 or #8000) 7PM – 8AM the next day, every day year-round. For children age 14 and under.</p>				

Taxes

Resident tax (payment #4) and National Health Insurance (payment #6) are due Monday, January 5th.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

Produced by Oshu City Hometown Outreach Dept., ILC/Multicultural
Coexistence Prom. Division & Oshu City International Relations Association

December Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date	
Main City Hall, Gen. Consultation Room	12 th (Fri)	1:00PM –
	26 th (Fri)	3:00PM
Esashi Gen. Branch Office, Citizen Living Group	10 th (Wed)	9:30AM – 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	11 th (Thurs)	9:00AM – 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	23 rd (Tues)	1:30PM – 3:00PM
Koromogawa Health & Welfare Center	4 th (Thurs)	1:30PM – 3:30PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date	
Main City Hall, Gen. Consultation Room	3 rd (Wed)	10:00AM–
	16 th (Tues)	3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date	
Esashi Gen. Branch Office, Consultation Room 312	4 th (Thurs)	10:00AM– 3:30PM

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date	
Main City Hall, Gen. Consultation Room	10 th (Wed)	10:00AM–
	23 rd (Tues)	4:00PM

*Depending on availability, you may asked to consult on an open day the following month.

Human Rights Consultation ☎ 34-2915

Place	Time & Date	
Main City Hall, Gen. Consultation Room	4 th (Thurs)	
	18 th (Thurs)	
Esashi Gen. Branch Office, Citizen Living Group	4 th (Thurs)	1:30PM –
Shirayama Comm. Center	4 th (Thurs)	3:30PM
Isawa Atago Comm. Center	3 rd (Wed)	
Koromogawa Health & Welfare Center	4 th (Thurs)	

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date	
Main City Hall, Gen. Consultation Room	17 th (Wed)	1:00PM –
	3 rd (Wed)	4:00PM
Esashi Gen. Branch Office, Citizen Living Group		

Events

Oshu Traditional Culture Experience Fest

When? January 17th & 18th (Sat/Sun)
Where? City Cultural Hall (Z Hall)
Details: Calligraphy, tea ceremony, taiko drums, and similar experiences
Applications: Taken starting on December 15th (Mon)
☎ Contact: City Cultural Arts Association (in the City Cultural Hall, 22-6622)



Esashi Folk Art Festival

When? December 14th (Sun), from 10AM
Where? Esashi Gen. Branch Office, Multipurpose Hall
Details: Performances of folk art
Cost: Free!
☎ Contact: City Board of Education Executive Office, Historical Heritage Dept. (Esashi Gen. Branch Office, 34-1315)
Search ID: 747

Oshu Space & Astronomy Museum Events

★Stargazing Event

When? December 13th (Sat), 7:00PM – 8:30PM

Details: Picture book storytime and stargazing event

★Sunday School: Let's Observe the Wind and Fly a Glider!

When? December 28th (Sun), 2:30PM-3:30PM

Participants: Limit of 20 people, first come first serve, applications required

Cost: 200 yen (for materials) ※ Admission charged separately.

☎ Location, questions, and applications for both: Oshu Space and Astronomy Museum (24-2020)



Japanese Classes in Oshu City

All foreigners are welcome to participate. Please feel free to stop by! No need for an appointment, and you can come even after class has started.

On some days, there are no classes. Please check the latest information before you go.

① **Beginner to advanced class**

(One-on-one and small groups)

When? Weekly on Tuesdays, 7PM – 9PM

Where? Mizusawa Regional Community Center (Aspia), salon room

Cost: 500 yen per session (300 yen for students and technical trainees)

Materials: Whatever you want to study (for example: daily conversation, grammar, JLPT, subjects, driver's license acquisition, etc.)

② **Beginner to intermediate class**

(One-on-one and small groups)

When? Weekly on Fridays, 3:30PM – 5:30PM

Where? Mizusawa Regional Community Center (Aspia), large conference room

Cost: 500 yen per session (300 yen for students and technical trainees)

Materials: Whatever you want to study (for example: daily conversation, grammar, JLPT, subjects, driver's license acquisition, etc.)

③ **Intermediate class**

(Classroom style)

When? Weekly on Saturdays, 3:30PM – 5:00PM

Where? Mizusawa Regional Community Center (Aspia), conference room

Cost: Free!

Materials: New Kanzen Master JLPT N2 Grammar

④ **Beginner to intermediate class**

(Classroom style)

When? Weekly on Sundays, 10:30AM – 12:00PM

Where? Esashi Lifelong Learning Center, 2nd floor research room

Cost: Free!

Materials: Minna no Nihongo (Intermediate)

☎ Contact: Mizusawa Regional Community Center (Aspia)

Address: Iwate-ken Oshu-shi, Mizusawa Aza Kichikoji 38-3

TEL: 0197-22-6111, **Email:** mc5639892@catv-mic.ne.jp

Notices

Adjustment of the Prefectural Minimum Wage

Starting on Monday, December 1st, the prefectural minimum wage will be 1,031 yen per hour.

☎ Contact: Iwate Labor Office, Labor Standards Dept., Wage Office (019-604-3008)

Produced by Oshu City Hometown Outreach Dept., ILC/Multicultural
Coexistence Prom. Division & Oshu City International Relations Association

Lifestyle Consultations for Foreigners

This is a consultation session for international city residents. You can talk with an expert consultant about a wide range of topics, such as status of residence, work, nursing care, parenting, Japanese language, and similar.

When? January 18th (Sun), 1PM – 5PM

Where? Mizusawa Regional Community Center (Aspia)

Cost: Free!

Other info: Interpretation available in English, Chinese, Indonesian, and Vietnamese.

☎ Applications & contact: City International Center (22-6111)

Notifications of Confirmation of Payment Will No Longer Be Sent Out

Starting in January, those who pay city taxes via automatic bank transfers will no longer receive notifications of confirmation of payment, so as to conserve resources. Going forward, please check your payment status by updating your bankbook.

Which taxes does this affect? Resident tax, property tax, National Health Insurance

☎ Contact: Main City Hall Tax Payment Division (34-2227)

Search ID: 15113

Extra Days/Hours for My Number Card Applications

The office is open on extra hours and days off, to allow people to apply for, and get, a My Number card. Appointments are required for weekend hours.

Extended hours: December 11th (Thurs) and Jan. 8th (Thurs), from 5:15PM – 8:00PM

Weekend hours (by appointment): Dec. 27th & 28th (Sat/Sun) and Jan. 24th & 25th (Sat/Sun), 9:00AM – 12PM

Details: Bring your driver's license or some form of personal ID. The applicant themselves should come to city hall for the procedures. For minors under age 15, the minor needs to come to city hall accompanied by a parent.

☎ Contact: Main City Hall Citizen Services Dept. (34-2223)

Search ID: 299

Event website:



Now Taking Signups for the 10th Annual Iwate Oshu Kirameki Marathon

The course has been renewed for next year's 10th annual event, and will include a full marathon, a 10K, and a fun run (1.7K). Please consider signing up.

When? May 17th (Sun), starting at 8:30AM

Where? Esashi Gen. Branch Office (start point)

Deadline to apply: February 15th (Sun)

How to apply: Via the event's website or the post office. For details, please see the leaflets that are distributed at Main City Hall, all the branch offices, local gyms, and similar. (Also posted on the event's website).

☎ Contact: Executive Committee Secretariat of the same (Esashi Gen. Branch Office / within Main Lifelong Learning and Sports Dept., TEL: 34-2498, FAX: 35-7466)

Special New Year's Notices

New Year's Garbage, Recycling, and Sewage Schedule

☎ Main City Hall Living Environment Dept. (34-2341)

Search ID: 10930

Garbage Garbage won't be collected for some days during the New Year's holiday. Mizusawa area: - No garbage collection from Dec. 31 st (Wed) to Jan. 2 nd (Fri) ※ Normal collection resumes Jan. 5 th (Mon) Esashi, Maesawa, Isawa, Koromogawa area: - See collection calendar	Night soil (sewage) Night soil collection can get busy around New Year's holidays, so please make appointments with some leeway in mind. Mizusawa, Maesawa, Koromogawa area - No sewage collection from Dec. 30 th (Tues) to Jan. 2 nd (Fri) Esashi, Isawa area - No sewage collection from Dec. 31 st (Wed) to Jan. 2 nd (Fri),
Recycling Mizusawa area: - Sunday recycling: As usual (no days off) - No weekday recycling on Jan. 1 st (Thurs/holiday) and Jan. 2 nd (Fri) ※ Normal recycling resumes Jan. 5 th (Mon) Esashi, Maesawa, Isawa, Koromogawa area: - See collection calendar	About Direct Collection at Tanko Regional Sanitation Center: Garbage will be taken until Dec. 26 th (Fri), on the 30 th (Tues), and will resume as normal on Jan. 5 th (Mon). Hours: 8:45AM – 4:45PM (9AM-4PM on the 30 th) Is there a fee? Yes TEL: 24-5821

New Year's Holiday Bus Schedule

☎ Main City Hall Policy Planning Dept. Public Transportation Policy Office (34-2383)

Search ID: 16979

	Mizusawa Community Bus (Z Bus)	City Bus (Esashi)	Maesawa Bus (Heart Bus)	Koromogawa Community Bus	Mizusawa- Kanegasaki Line	Isawa- Mizusawa Line
	☎ Iwate-ken Kotsu, Tanko Branch, 35-2185	☎ Iwate-ken Kotsu, Tanko Branch, 35-2185	☎ Heart Bus Reservation Center, 56- 0777	☎ Koromogawa Taxi, 52-3011	☎ Noguchi, 31-2342	☎ Isawa Kotsu, 47-1216
Friday, Dec. 26 th	Regular schedule	Regular schedule	Regular schedule	Regular schedule	Regular schedule	Regular schedule
Sat. Dec. 27 th	Sakurakawa and Hada Lines only	No bus service	No bus service	No bus service	No bus service	No bus service
Sunday, Dec. 28 th	Hada Line only					
Mon. Dec. 29 th	Regular schedule	Regular schedule				
Dec. 30 th (Tues) – Jan. 3 rd (Sat)	No bus service	No bus service				
Sunday, Jan. 4 th	Hada Line only					
Monday, Jan. 5 th	Regular schedule	Regular schedule	Regular schedule	Regular schedule	Regular schedule	Regular schedule

※ Regular schedule: Will run based on the schedule for the day of the week.

Produced by Oshu City Hometown Outreach Dept., ILC/Multicultural Coexistence Prom. Division & Oshu City International Relations Association