

November 2025

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
Nov. 2 nd	Dr. Higuchi (Higuchi ENT Clinic)			
3 rd	Dr. Hirata (Hirata Surgery & Internal Clinic)			
9 th	Dr. Hirama (Hirama OBGYN)			
16 th	Dr. Hojo (Maesawa Eye Clinic)			
23 rd	Dr. Honda (Honda Gastroenterology Clinic)			
24 th	Dr. Ri (Mizusawa Plastic Surgery Clinic)			
30 th	Dr. Murai (Murai Pediatric Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
Nov. 2 nd	Abe Dental Clinic	22-8522	38-18 Isawa Oyama Aza Amanuma	
9 th	Chiba Dental Clinic	51-1300	420 Mizusawa Aza Sakurayashiki	
16 th	Abe Dental Clinic	44-3918	25-1 Kanegasaki-cho Nishine Aramaki	
23 rd	Arisumi Dental Clinic	42-3006	60-2 Kanegasaki-cho Nishine Machiura	
30 th	Hitaka Dental Clinic	22-5330	22-15 Mizusawa Aza Kyuden	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Nov. 2 nd	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
9 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
16 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Aza Kitashiokara	
23 rd	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Aza Omachi	
30 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho	
★Pref. Emergency Center (☎ 019-656-1774 or #7119) For emergency consultations 24 hours a day, every day year-round.				

Taxes

Property tax (payment #4) and National Health Insurance (payment #5) are due Monday, December 1st.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

November Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Fri) 1:00PM –
	28 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	12 th (Wed) 9:30AM – 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	13 th (Thurs) 9:00AM – 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	25 th (Tues) 1:30PM – 3:00PM
Koromogawa Health & Welfare Center	6 th (Thurs) 1:30PM – 3:30PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	5 th (Wed) 10:00AM-18 th (Tues) 3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall Auditorium	13 th (Thurs) 10:00AM-3:30PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	6 th (Thurs)
	20 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	18 th (Tues) 1:30PM –
Kojo Comm. Center	6 th (Thurs) 3:30PM
Koromogawa Health & Welfare Center	6 th (Thurs)
Isawa: Next time: Dec. 3 rd (Wed) (Isawa Atago Comm. Center)	

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	12 th (Wed) 10:00AM-
	25 th (Tues) 4:00PM

*Depending on availability, you may asked to consult on an open day the following month.

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	19 th (Wed) 1:00PM –
Esashi Gen. Branch Office, Citizen Living Group	5 th (Wed) 4:00PM

Events

Multicultural Coexistence Workshop

When?	Nov. 12 th (Wed), 2:00PM-3:30PM
Where?	Esashi Gen. Branch Office
Details?	Garbage sorting workshop alongside foreigners, case studies from companies
Participants?	Companies that employ foreigners, and local residents (Japanese and non-Japanese). Limit 100 people, applications required.
Cost?	Free!
How to apply?	By phone, fax, or email before Nov. 5 th (Wed)
☎ Contact?	Main City Hall Hometown Outreach Dept. (TEL: 34-2123, FAX: 22-2533, email: ilc@city.oshu.iwate.jp)
Search ID?	16848

Koromogawa Cultural Arts Festival

Performance Section

When? November 22nd (Sat), 9AM-12PM

Where? Minamimata Comm. Center

Details: Folk art from the Koromogawa area, kagura, traditional folk songs, dances, and other stage performances.

Contact: City Cultural Arts Association, Koromogawa Branch (in Koromogawa Gen. Branch Office, Area Support Group, 34-2360)

Search ID: 14479

City Folk Art Festivals

Isawa Folk Art Festival

When? November 9th (Sun), from 1PM

Where? Isawa Cultural Creative Center

City Folk Art Festival

When? November 16th (Sun), from 10AM

Where? Maesawa Fureai Center

Info for both:

Details: Performances of folk arts

Cost: Free!

Contact: City Board of Education Executive Office, Historical Heritage Dept. (Esashi Gen. Branch Office, 34-1315)

Search ID: 747

Oshu Space & Astronomy Museum Events

★Nostalgic Guided Tour of the Observatory, Including Spaces That Are Off-Limits to the Public

When? November 1st (Sat), 2nd (Sun), 3rd (Mon/holiday), 22nd (Sat), 23rd (Sun/holiday), 24th (Mon/holiday), at ① 11AM, ② 1:10PM (mini lecture) and ③ 2:30PM

Participants: 10 people per session for ① and ③, 20 people for ②

★November Stargazing Event

① Storytime: This Year's Saturn is Once in 16 Years

② Stargazing: Did Saturn's Rings Disappear?

When? November 8th (Sat), 7:00PM-8:30PM

★Sunday School: What's Happening Inside the Earth?

When? November 23rd (Sun/holiday), 2:30PM-3:30PM

Participants: Elementary schoolers and up, limit 20 people, applications required

★Self-Driving Workshop: Let's Make a Robot Car Run with Programming!

When? November 30th (Sun), ① 9:15AM-11:45AM (beginner course) and ② 1:00PM-2:30PM (challenge course)

Participants: 4th grade elementary schoolers and up, limit 8 people per session (applications required)

Cost for all: Free! ※Admission charged separately

Contact: Location, questions, and applications for all: Oshu Space and Astronomy Museum (24-2020)



Notices

Phone Consultations for Good Teeth Day

Free telephone consultations about teeth and oral health will be taken.

When? November 7th (Fri), 10AM-7PM

Cost: Free! ※Call charges are to be borne by the caller.

Contact: Pref. Medical Practitioners Association, Dental Section (019-651-7341)

Oshu City Population as of September 30th

Total: 106,445 (-111)

Men: 52,017 (-49)

Women: 54,428 (-62)

Households: 46,741 (+19)

※ Values in parentheses are as compared to last month.