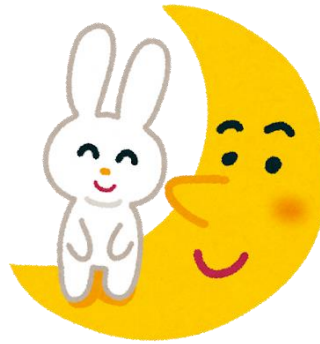


September 2025

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
Sept.7 th	Dr. Sasaki (Mizusawa Minami Dermatology)			
14 th	Dr. Tamura (Tamura-Kawakami Clinic)			
15 th	Dr. Takahashi (Takahashi Internal/Digestive Clinic)			
21 st	Dr. Takahashi (Takahashi Orthopedic Sports Clinic)			
23 rd	Dr. Takehana (Takehana Mammary Clinic)			
28 th	Dr. Suzuki (Suzuki Internal & Gastroenterology Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
Sept.7 th	Ono Dental Clinic	25-7890	65-1 Mizusawa Aza Hitakanishi	
14 th	Oishi Dental Clinic	41-3711	60-2 Maesawa Aza Mikkamachi	
21 st	Takahashi Dental Clinic	56-3333	28-9 Maesawa Aza Tairakoji	
28 th	Sasaki Dental Clinic	31-1313	9-14 Esashi-nishi Odori	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Sept. 7 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
14 th	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
21 st	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
28 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara	
<p>★Pref. Emergency Center (☎ 019-656-1774 or #7119) For emergency consultations 24 hours a day, every day year-round.</p> <p>★Children's Emergency Helpline (☎ 019-605-9000 or #8000) 7PM – 8AM the next day, every day year-round. For children age 14 and under.</p>				

Taxes

Property tax (payment #3) and National Health Insurance (payment #3) are due Tuesday, September 30th.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

September Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	12 th (Fri) 1:00PM –
	26 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	10 th 9:30AM –
	(Wed) 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	11 th 9:00AM –
	(Thurs) 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	30 th 1:30PM –
	(Tues) 3:00PM
(Next time) Koromogawa Health & Welfare Center	Oct. 9 th (Thurs)

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	3 rd (Wed) 10:00AM-
	16 th (Tues) 3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall Auditorium	11 th 10:00AM- (Thurs) 3:30PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	17 th 1:00PM
	(Wed) –
Esashi Gen. Branch Office, Citizen Living Group	3 rd 4:00PM
	(Wed) –

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	4 th (Thurs)
	18 th (Thurs) 1:30PM
Esashi Gen. Branch Office, Citizen Living Group	16 th (Tues) –
	3:30PM
Seibo Comm. Center	4 th (Thurs)
Isawa: Next time: Oct. 8 th (Wed) (Natsuta Comm. Center)	
Koromogawa: Next time: Oct. 9 th (Thurs) (Koromogawa Health & Welfare Center)	

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Wed) 10:00AM- 4:00PM

*Consultations may not be taken depending on availability. We may be able to show you to another consultation day, so please contact us.

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth ※ If you want to use this, please say something to the person in charge at Citizen Services	Mon-Fri, 9:00AM to 4:00PM

Events

Oshu Space & Astronomy Museum Events

★ Stargazing Event: Let's Watch the Milky Way!

When? September 13th (Sat), 7:00PM – 8:30PM

Where? Kitamata Community Center

Participants: 30 people

Cost: Free! (Applications required)

What to bring: A mat for lying down and a flashlight



★ Nostalgic Tour of the Observatory, Including Spaces That Are Off-Limits to the Public

When? September 13th (Sat) – 15th (Mon/holiday), at ① 11AM, ② 1PM (mini lecture) and ③ 2:30PM

Where? Within NAOJ Mizusawa

Participants: 10 people per session for ① and ③; 20 people for ②

Cost: Free! (Admission charged separately)

★ Sunday School: The Secrets of the Colors of Marker Pens

When? September 28th (Sun), 2:30PM – 3:30PM

Where? Oshu Space & Astronomy Museum

Participants: Elementary schoolers and up. Children in lower grades must be accompanied by a parent. Limit 20 people, applications required.

Cost: 100 yen (for materials) (Admission charged separately)

☎ Questions and applications: Oshu Space and Astronomy Museum (24-2020)

Animal Welfare Festival

When? September 14th (Sun), 11AM – 2PM

Where? Maple

Details: Photo exhibit of cute pets, consultation corner for asking anything about animals, animal quiz, panel displays, and more

☎ Contact: Pref. Veterinary Association, Mizusawa Branch (23-8211)

Search ID: 14222

Aspia Festival

When? September 28th (Sun), 9:30AM – 3:30PM

Where? Mizusawa Regional Community Center (Aspia)

Details: Songs and poetry recitation, performances, dances from around the world, food and drink from various countries

Cost: Free!

Applications: No need to apply in advance

☎ Contact: Oshu International Relations Association (within Aspia, 0197-22-6111)

Notices

Let's Prevent Mountain Accidents

Last year, there were 48 mountain-related accidents in Iwate, and 50 people were killed or injured. Through submitting a mountain climbing plan, canceling if the weather or one's physical condition warrants it, and similar, we can all enjoy climbing safely.

☎ Contact: Yakeishi Mountain Range Mountain Accident Prevention Strategy Committee Secretariat (within Oshu Police Station, 25-0110)

The 2025 Census is Starting: Complete It Easily and Conveniently Online!

You can fill out the census online. If you choose this option...

- ① You can fill it out anytime, 24 hours a day.
- ② There's no need to submit a paper form, or for a census taker to come to collect your form.
- ③ Your answers won't be seen by a census taker.

How to fill it out online

If you're filling it out from your smartphone, please scan the QR code on the Completion Request Form. If you're filling it out from a computer, please enter the URL <https://www.e-kokusei.go.jp/>.

- ※ After you complete the census, please set your password and don't forget it. (It's necessary if you need to check or change your answers.)
- ※ The deadline for completing the census online is Wednesday, October 8th.