

November 2024

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.) ✂ Please call in advance.				
Nov. 3 rd	Dr. Murai (Murai Pediatric Clinic)			
4 th	Dr. Ri (Mizusawa Plastic Surgery Clinic)			
10 th	Dr. Abe (Sakura Clinic)			
17 th	Dr. Shimizu (Shimizu Ladies' Clinic)			
23 rd	Dr. Arisumi (Arisumi Internal Medicine Clinic)			
24 th	Dr. Ishikawa (Ishikawa Hospital)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round ✂ Please call in advance.				
Sunday Dentists (9:00AM – 12:00PM)				
Nov. 3 rd	Sasaki Dental Clinic	24-5418	7 Mizusawa Yanagi-machi	
10 th	Tokiwa Dental Clinic	25-8148	2-1-4 Mizusawa Higashi Odori	
17 th	Oguma Dental Clinic	35-4184	6-27 Esashi-minami Odori	
24 th	Chiba Dental Clinic	42-2426	54-2 Kanegasaki-cho Nishine Kamimochida	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Nov. 3 rd	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Aza Omachi	
10 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho	
17 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Aza Sanbongi	
24 th	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Minami Ogane	
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round				

Taxes

Property tax (payment #4) and National Health Insurance (payment #5) are due December 2nd (Mon.)

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

November Consultation Rooms

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Fri) 1:00PM-
	22 nd (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	13 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	14 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	26 th (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	7 th (Thurs) 1:30PM-3:30PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Main City Hall, Lecture Hall	7 th (Thurs) 10:00AM-3:30PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	13 th (Wed) 10:00AM-
	26 th (Tues) 4:00PM

Free Multiple Debts Consultation with a

Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	6 th (Wed) 10:00AM
	19 th (Tues) -3:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	20 th (Wed) 1:00PM - 4:00PM
Esashi Gen. Branch Office, Citizen Living Group	6 th (Wed) 4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Thurs)
	21 st (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	19 th (Tues) 1:30PM -
Kojo Comm. Center	7 th (Thurs) 3:30PM
Koromogawa Health & Welfare Center	7 th (Thurs)

Events

Oshu Space & Astronomy Museum Events

★ November Stargazing Event

- ① The Story of Autumn Constellations
- ② Stargazing: Let's Find the Constellations! Andromeda and Pegasus Edition

When? November 9th (Sat), 7:00PM – 8:30PM

Cost: Free! (Registration required)

★ Sunday School: The Secrets of the Colors of Marker Pens! Let's Separate the Colors with Paper and Water

An experiment to find out what colors are mixed together to make the marker pen's ink.

When? November 24th (Sun), 2:30PM – 3:30PM

Participants: Elementary schoolers and up. Children in lower grades must be accompanied by a parent. 20 people, first come first served.

Cost: 100 yen for materials (admission is charged separately)

☎ Applications and questions for both: Oshu Space and Astronomy Museum (24-2020)



Koromogawa Cultural Arts Festival

Exhibit Section

When? November 9th (Sat) and 10th (Sun), 9AM-3PM

Where? Koromogawa Health & Welfare Center

Details:

Artwork exhibit: Paintings, calligraphy, bonsai, ceramics, photography, sculpture, and more on display

Tea party: 10AM-2:30PM on the 10th (Sun), 300 yen per person

Search ID: 14477

Performance Section

When? November 17th (Sun), 9AM – 12:30PM

Where? Former Kunimidaira Onsen

Details: Performances of folk art from the Koromogawa area, kagura, traditional folk songs, dances, and more.

Search ID: 14479

Info for both:

☎ Contact: City Cultural Arts Association, Koromogawa Branch (in Koromogawa Gen. Branch Office, Area Support Group, 34-2360)

City Folk Art Festivals

Isawa Folk Art Festival

Performances of folk art from Isawa, and more.

When? November 10th (Sun), from 1PM

Where? Isawa Cultural Creative Center

Cost: Free!

☎ Contact: Isawa Gen. Branch Office, Area Support Group (34-0311)

Esashi Folk Art Festival

Performances of folk art from Esashi, and more.

When? December 1st (Sun), from 10AM

Where? Esashi Gym & Cultural Center (Sasara Hall)

Cost: Free!

☎ Contact: City Board of Education Executive Office, Historical Heritage Dept. (Esashi Gen. Branch Office, 34-1315)

Search ID: 747

Citizens' Cultural Arts Festival:

Folk Art and Taiko Performance Festival

When? November 24th (Sun), 1:00PM – 4:00PM)

Where? Maesawa Fureai Center

Details: Performances from Motai Genki-no-Kai, taiko drumming, Kawauchi kagura, Uwahaba rice planting dance, Maeyachi kagura, Kodashiro kagura, and more

Cost: Free!

☎ Contact: City Cultural Arts Association (in Z Hall, 22-6622)



Notices

Extra Days/Hours for My Number Card Applications

The office is open on extra hours and days off, to allow people to apply for, and get, a My Number card,

Extended hours: November 14th (Thurs) from 5:15PM – 8:00PM

Weekend hours (by appointment): November 23rd (Sat/holiday) and 24th (Sun), 9:00AM – noon

Details: Bring your driver's license or some form of personal ID. The applicant themselves should come to city hall for the procedures. For minors under age 15, the minor needs to come to city hall, accompanied by a parent.

Contact: Main City Hall Citizen Services Dept. (34-2223)

Search ID: 7260

Health Insurance Cards Will Be Handled Differently from December 2nd

Paper or plastic health insurance cards, which have been in use up until now, will be discontinued on December 2nd and will not be newly issued. When you get healthcare at a medical facility, please use your My Number card that's registered for use as a health insurance card (aka your Myna health insurance card.) Please contact the offices listed below for details.

How to use your health insurance card up until December 1st

If the term of validity is written on the card:

You can use the card until it expires; keep it and don't throw it away until then. However, be careful: if your health insurance card changes due to changing jobs, moving, or similar, you won't be able to use it anymore, even within the valid period. National Health Insurance cards that were issued or renewed by Oshu, and Medical Insurance Cards for the Latter-Stage Elderly, can be used until July 31st, 2025 (with some exceptions.)

If the term of validity is not written on the card:

You can keep using it for up to one year after December 2nd. For details, please contact your health insurance issuing organization.

Contact: Main City Hall Insurance & Pension Dept. (national insurance: 34-2901, latter-stage elderly/healthcare assistance: 34-2902) or the group in charge of insurance/medical expenses at any branch office

Search ID: 14138

School Open House Days

Elementary and middle schools' classes and school life will be open to all city residents. Please see the city website for the full details.

When?

November	1 st	Isawa Daiichi Elementary School, Natsuta Elementary School, Wakayanagi Elementary School	(Fri)
	6 th	Mizusawa Elementary School	(Wed)
	11 th	Mizusawa Minami Elementary School	(Mon)
	12 th	Esashi Daiichi Junior High School	(Tues)
	15 th	Hada Elementary School	(Fri)
	21 st	Tawara Elementary School	(Thurs)
	22 nd	Shinjo Elementary School, Esashi Higashi Elementary School	(Fri)
	28 th	Higashi Mizusawa Junior High School	(Thurs)

Contact: City Board of Education Executive Office, School Education Dept. (Esashi Gen. Branch Office, 34-1630)

Search ID: 5602

Adjustment of the Prefectural Minimum Wage

Start date: October 27th (Sun)

Amount: 952 yen per hour

Contact: Iwate Labor Office (019-604-3008)

