

June 2023

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 8:30AM – 4:00PM (at the address listed above.) ※ Please call in advance.					
June 4 th	Dr. Kamei (Kamei Ophthalmology)				
11 th	Dr. Kamei (Kamei Internal/Digestive Clinic)				
18 th	Dr. Kamei (Kamei Orthopedic Surgery Clinic)				
25 th	Dr. Sasaki (Mizusawa Minami Dermatology)				
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 6:30PM – 9:00PM, every day year-round ※ Please call in advance.					
Sunday Dentists (9:00AM – 12:00PM)					
June 4 th	Forest Dental Clinic	34-3536	1-2-16 Mizusawa Hanazono-cho		
11 th	Murakami Dental Clinic	23-5770	7 Mizusawa Aza Sanbongi		
18 th	Hozawa Dental	25-3272	2-5 Mizusawa Sakurakawa Haguroda		
25 th	Tokiwa Dental Clinic	25-8148	2-1-4 Mizusawa Higashi Odori		
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)					
June 4 th	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori		
11 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi		
18 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara		
25 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi		
★Children’s Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round					

Health Maintenance Information: Don’t Forget Your Yearly Health Check

Eligible people will receive a health check notification around the end of May. For information about out-of-pocket costs and other details, please see the enclosed Notification from Oshu City.

In a typical year, only about half the people who apply for a cancer screening actually go get screened. It’s very important to get screened regularly, even if you don’t have any symptoms, to detect any hidden illnesses or abnormalities early, so as to get connected to treatment.

Confirm the deadline for when you can get checked, and once you’ve set a date, mark your calendar so as not to forget.

If there is a screening that you forgot to apply for, you can apply from now on. For details, please contact the office below.

☎ Main City Hall Health Promotion Dept. (34-2903) or your local branch office health dept.

Taxes

Prefectural/municipal tax slips for ordinary collection will be sent out on June 6th. Payment #1 is due on June 30th (Fri.)

Please consider setting up automatic payments so you can’t forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Produced by Oshu City Future Steering Division, ILC/Multicultural Coexistence Prom. Division & Oshu City International Relations Association

June 2023 Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Fri) 1:00PM-
	23 rd (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	14 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	8 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	27 th (Tues) 1:30PM-3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall	1 st (Thurs) 10:00AM-3:30PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	21 st (Wed) 1:00PM –
Esashi Gen. Branch Office, Citizen Living Group	7 th (Wed) 4:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 th (Wed) 10:00AM –
	27 th (Tues) 4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Thurs) 1:30PM –
	15 th (Thurs) 3:30PM
Esashi Gen. Branch Office, Citizen Living Group	1 st (Thurs) 3:30PM
Maesawa Comm. Center	8 th (Thurs) 1:30PM –
	4:00PM
Oyama Comm. Center	16 th (Fri) 1:30PM –
	3:30PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Wed) 10:00AM
	20 th (Tues) – 3:00PM

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Notices

J-Alert Alarm Drill

In case of an earthquake, military attack, or other emergency, a drill for the National Early Warning System (J-Alert) will be carried out. Alerts will be transmitted on Oshu FM and registered email addresses.

When? 11:00AM on June 7th (Wed), August 23rd (Wed), November 15th (Wed), and February 9th, 2024 (Fri)

(J-Alert is Japan's system to instantaneously transmit information about earthquakes, tsunamis, military attacks, or other emergencies, via satellite.)

☎ Main City Hall, Crisis Management Dept. (34-2236)

Events

39th Annual Maesawa Beef Festival

You can grill Maesawa beef directly on-site, and savor the pinnacle of Japan's top-quality meat. Come enjoy stage attractions, a mooing contest, prize drawing, a performance from singer Midori Oka, and much more.

When? June 4th (Sun), 9:30AM – 4:00PM

Where? Maesawa Iki Iki Sportsland (※Free shuttle bus from Motosugi Industrial Park, AEON Maesawa, and Maesawa Station East Entrance)

☎ Maesawa General Branch Office, Area Support Group (34-0263)

Mölkky Experience

Mölkky is derived from a traditional Finnish game, and is a sport that anyone can easily enjoy.

Schedule:

July 2 nd (Sun)	Esashi Central Gym
July 15 th (Sat)	Esashi West Gym
Both 10AM – 11:30AM	

Participants: Limit 30 people, elementary school age and up

Cost: Free!

How to apply: Apply by June 30th (Fri), in person or by phone.

☎ Contact: 1) Esashi Central Gym (31-2100) or Esashi West Gym (35-5544)

Oshu Space & Astronomy Museum Events

★ June Stargazing Event

① Storytime: Satellites and Our Lives

② Stargazing: Finding the Constellations, Virgo Edition

When? June 10th (Sat), 7:00PM – 8:30PM

Cost: Free!

★ Science Café p. 69: Solving the Mysteries of the Universe with the ILC

When? June 18th (Sun), 3:00PM – 4:00PM

Instructor: Dr. Kentaro Mawatari (asst. professor at Iwate University Education Dept.)

Participants: 20 people (applications required, first come first serve)

Cost: 300 yen (for tea and snacks)

★ Sunday School: Let's Look at Microorganisms in Nature!

Observe creatures that live in water and soil through a microscope, and learn about their existence and roles.

When? June 25th (Sun), 2:30PM – 3:30PM

Participants: Elementary schoolers and up (children in lower grades must be accompanied by a parent.) Limit 20 people, applications required

Cost: Free (but admission is charged separately)

☎ Location, questions, applications for all: Oshu Space and Astronomy Museum (24-2020)