

February 2023

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa	TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.) ✂ Please call in advance.			
Feb. 5 th	Dr. Noro (Noro Surgery & Urology Clinic)		
11 th	Dr. Hanayama (Hanayama General Clinic)		
12 th	Dr. Higuchi (Higuchi ENT Clinic)		
19 th	Dr. Hirama (Hirama OBGYN)		
23 rd	Dr. Nagano (Nagano Internal Medicine Clinic)		
26 th	Dr. Hojo (Maesawa Ophthalmology Clinic)		
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa	TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round ✂ Please call in advance.			
Dentists (9:00AM – 12:00PM)			
Feb. 5 th	Sakurakawa Dental Clinic	51-9030	211 Mizusawa Sakurakawa Higashi-takayama
12 th	Hakozaki Dental Clinic	23-4070	10 Mizusawa Shinkoji
19 th	Abe Dental Clinic	44-3918	25-1 Kanegasaki-cho Nishine Aramaki
26 th	Abe Dental Clinic	22-8522	38-18 Isawa Oyama Amanuma
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)			
Feb. 5 th	Kuramoto Osteopathic Clinic	22-6788	42-15 Isawa Oyama Kawakita
12 th	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Omachi
19 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho
26 th	Abe Osteopathic Clinic	35-1036	7-17 Esashi Muikamachi
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 11PM, every day year-round			

Taxes

National Health Insurance (Payment #8) is due Feb. 28th (Tues.)

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Administrative Consultation

☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Fri) 1:00PM-
	24 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	8 th 9:30AM-
	(Wed) 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	9 th 9:00AM-
	(Thurs) 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	28 th 1:30PM-
	(Tues) 3:00PM
Koromogawa Health & Welfare Center	9 th 1:30PM-
	(Thurs) 3:30PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Esashi Gen. Branch Office	2 nd 10:00AM-
	(Thurs) 3:30PM

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Free Multiple Debts Consultation with a Lawyer**☎ 34-2915** Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Wed) 10:00AM-
	14 th (Tues) 3:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Wed) 10:00AM-
	21 st (Tues) 4:00PM

Financial & Lifestyle Stability Consultation**☎ 34-2915** Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	15 th (Wed) 1:00PM -
	Esashi Gen. Branch Office, Citizen Living Group
	1 st (Wed) 4:00PM

Consultations for Oshu Young Adults**☎ 34-1585**

Place	Time & Date
Main City Hall, Children & Families Dept.	Weekdays except Wednesday 9:00AM-
	4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Thurs)
	16 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	21 st (Tues) 1:30PM -
Maesawa Community Center	2 nd (Thurs) 3:30PM
Isawa Atago Community Center	3 rd (Fri)
Koromogawa Health & Welfare Center	9 th (Thurs)

Consumer Affairs Consultation ☎ 34-2915

Appointments required 1 day in advance for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Events

Ichi-Sapo Oshu Room

Job-related individual consultations and skill development services are provided to people who are ready to work. Apply at least one day in advance.

When? February 1st & 15th (both Wed), 10:00AM – 3:00PM

Where? Citizens' Plaza Masse (Maple basement)

Participants: Job seekers age 15 to 49, students, their families, etc.

Cost: Free!

Applications, contact: Ichinoseki Youth Support Station (0191-48-4467)

34th Annual All-Japan Nohadate no Tsudoi

Nohadate no Tsudoi is a traditional event held in rice-producing Isawa, to pray for a good harvest and protection from disease and harm for the year.

When? February 11th (Sat), 4:00PM – 8:00PM

Where? Isawa Baseball Field, Northern Parking Lot

Schedule:

Rope braiding championship: 4:00PM

Prayer for a safe and plentiful harvest: 4:30PM

Planting ceremony reenactment: 5:25PM

Mochi pounding: 5:40PM

Yakudoshi dance performance: 7:00PM

Winter fireworks: 7:30PM

Contact: Isawa Gen. Branch Office Regional Support Group (34-0313)

Oshu Space and Astronomy Museum Events

★ February Stargazing Event

① Let's Make Winter Constellation Sheets!

② Stargazing Event: Using Constellation Sheets to View Orion

When? February 11th (Sat/holiday), 7:00PM – 8:30PM

Participants: Limit 30 people (applications required)

Cost: Free!

★ Science Café Page 67: Measuring the Distance of Space

When? February 19th (Sun), 3:00PM – 4:00PM

Lecturer: Asst. Professor Daisuke Sakai (NAOJ Mizusawa VLBI Observatory)

Participants: Limit 20 people, first come first serve, applications required

Cost: 300 yen (for tea and snacks)

Location, questions, applications for both: Oshu Space and Astronomy Museum (24-2020)

Notices

J-Alert Alarm Drill

In case of an earthquake, military attack, or other emergency, a drill for the National Early Warning System (J-Alert) will be carried out. Alerts will be transmitted on Oshu FM and registered email addresses. (J-Alert is Japan's system to instantaneously transmit information about earthquakes, tsunamis, military attacks, or other emergencies, via satellite.)

When? Feb. 15th (Wed) at 11AM

Contact: Main City Hall, Crisis Management Dept. (34-2236)

Amendments to the Minimum Wage in Certain Industries

In Iwate, the minimum wage for certain industries has been changed.

Industry & amount: Iron & steel industries, wiring, other metal manufacturing: 908 yen

Optical equipment/lenses, clockwork: 886 yen

Electronic parts/devices/ circuitry, electronics, manufacture of information/communication devices: 877 yen

Retail automobiles: 903 yen

※ The prefectural minimum wage for retail, department stores, and general supermarkets is 854 yen.

Contact: Iwate Labor Office, Labor Standards. Dept. Wages Office (019-604-3008)

February 8th: City/Prefectural Tax Returns Start

Tax return filings for income made in 2022, and city/prefectural tax filings, begin on February 8th. If you are required to file but fail to do so, issuance of income certificates and proper valuations of National Health Insurance tax amount, the cost of Medical Insurance for the Latter-Stage Elderly, fees for childcare, etc. may become impossible. Please complete your filing by March 15th.

Contact: Main City Hall Tax Dept. (34-2374)

Special Deal for Payers of National Pension by Bank Transfer

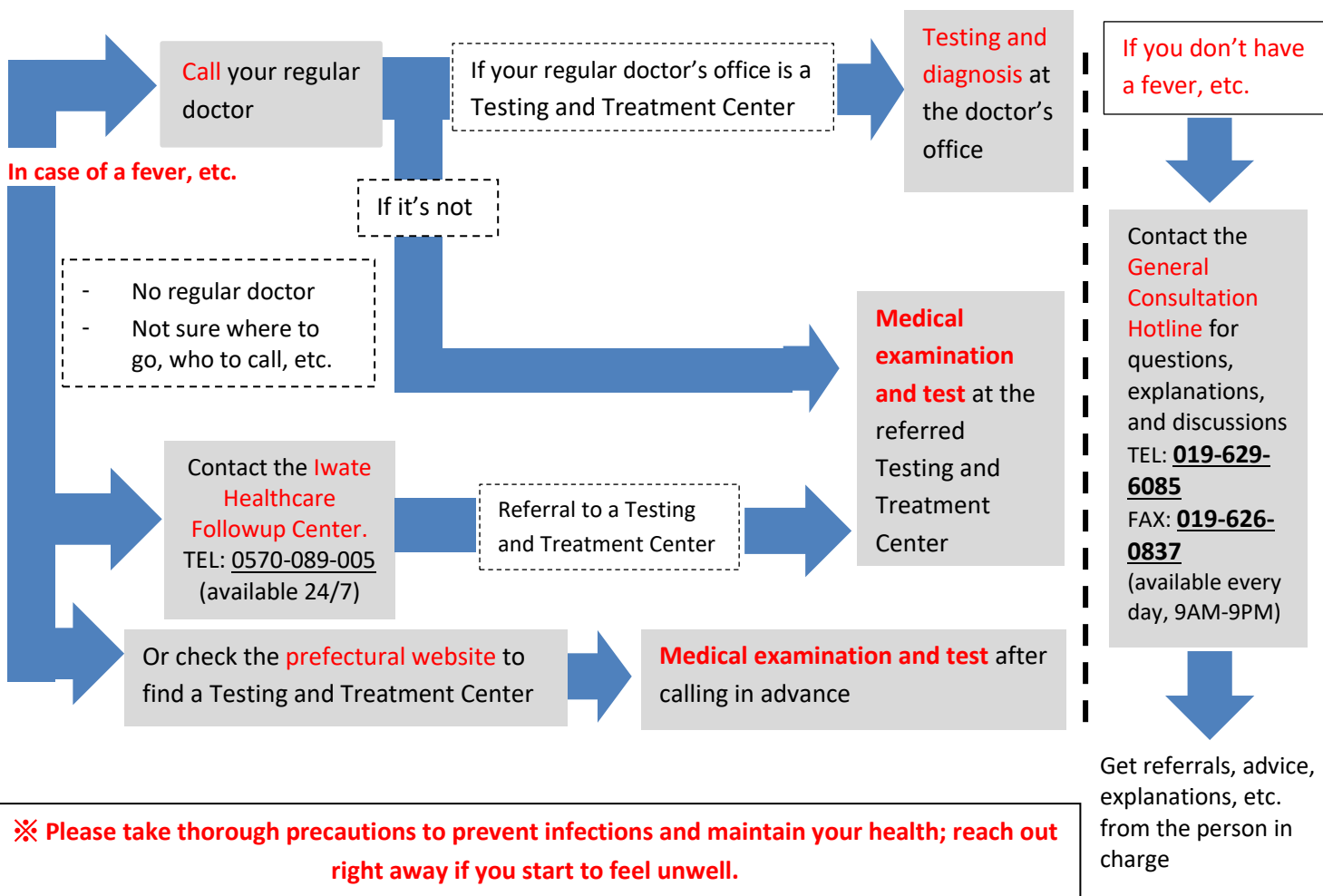
Major discounts are available through paying your national pension through bank transfer, rather than cash; if you pay with a credit card, you may be able to get points. Please set up a two-year, one-year, or half-year (first 6 months) payment schedule with your bank account or credit card by the end of February.

Contact: Main City Hall Citizen Services Dept. (34-2914), Ichinoseki Pension Office (0191-23-4246)

Information on COVID-19

Consultations and Diagnosis for Fevers, Etc.

- If you have a fever or similar symptoms, **call your regular doctor first.**
- If you're not sure who to call, **contact the Diagnosis and Consultation Center (or check the prefectural website to find a Testing and Treatment Center.)**



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