

December 2022 Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.)				
Dec. 4 th	Dr. Sasaki (Mizusawa Minami Dermatology)			
11 th	Dr. Sato (Sato Orthopedic Surgery & Rheumatology Clinic)			
18 th	Dr. Sato (Sato Clinic)			
25 th	Dr. Shimizu (Shimizu Ladies' Clinic)			
31 st	Dr. Suzuki (Suzuki Internal/Digestive Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
Sunday Dentists (9:00AM – 12:00PM)				
Dec. 4 th	Nakatacho Dental Clinic	23-3415	3-29 Mizusawa Nakata-cho	
11 th	Kodama Dental Clinic	23-4181	1-138-2 Mizusawa Hadacho Ekiminami	
18 th	Ono Dental Clinic	25-7890	65-1 Mizusawa Hitakanishi	
25 th	Kamio Dental Clinic	28-1182	2-5-1 Mizusawa Kamianetai	
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Dec. 4 th	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Omachi	
11 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho	
18 th	Abe Osteopathic Clinic	35-1036	7-17 Esashi Muikamachi	
25 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Sanbongi	
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 11PM, every day year-round				

Minimum Wage Will Be 854 Yen

Starting October 20th, the prefectural minimum wage will be changed to 854 yen an hour. Please refer to the Iwate Labor Bureau for details.

☎ Iwate Labor Bureau, Labor Standards Dept. Wages Office (019-604-3008)

Updates to Iwate Hanamaki Airport's Schedule

As of October 30th, Hanamaki Airport's scheduled domestic flights have changed. Please see the airport website for details. International flights (to Taipei and Shanghai) remain out of service.

☎ Prefectural Transport Strategy Office (019-629-5914)



Taxes

Resident tax (payment #4) and National Health Insurance (payment #6) are due January 4th, 2023 (Wed.)

Please consider setting up automatic tax payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

December Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Fri) — 1:00PM-3:00PM
	23 rd (Fri)
Esashi Gen. Branch Office, Citizen Living Group	14 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	8 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	27 th (Tues) 1:30PM – 3:00PM
Koromogawa Health & Welfare Center	8 th (Thurs) 1:30PM – 3:30PM

Consultations for Oshu Young Adults

☎ 34-1585

Place	Time & Date
Main City Hall, Children & Families Dept.	Weekdays 9:00AM
	except -
	Wednesdays 4:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	21 st (Wed) 1:00PM
Esashi Gen. Branch Office, Citizen Living Group	7 th (Wed) 4:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Esashi Gen. Branch Office	8 th (Thurs) 10:00AM-3:30PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Thurs)
	15 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	6 th (Tues) 1:30PM
Shirayama Comm. Center	1 st (Thurs) 3:30PM
Natsuta Comm. Center	2 nd (Fri)
Koromogawa Health & Welfare Center	8 th (Thurs)

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 th (Wed) 10:00AM – 4:00PM

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Free Multiple Debts Consultation with a Lawyer

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Wed) 10:00AM
	20 th (Tues) – 3:00PM

Events & Classes

17th Annual Parent and Child Forestry Experience

Come make mini *kadomatsu* decorations as parent and child. Wear work gloves and warm clothes that are OK to get dirty.

When? December 17th (Sat), 9:30AM – 12:40PM

Participants: Local elementary schoolers and their parents (20 pairs)

Where? Esashi Tourism Exchange Hall (within Esashi-Fujiwara Heritage Park)

Cost: 1,000 yen per pair

Application deadline: December 7th (Wed)

Contact: Main City Hall Farmland & Forestry Dept. (34-1763)

Oshu Space and Astronomy Museum Events

① Christmas concert

② December Stargazing Event: The Moon, The Planets, and Shooting Stars – Twinkling Presents from the Night Sky!

When? December 10th (Sat) 6:30PM-8:30PM

Participants: Limit 30 people (applications required)

Cost: Free (but admission is charged separately)

Location, questions, applications: Oshu Space and Astronomy Museum (24-2020)

Ichi-Sapo Oshu Room

Job-related individual consultations and skill development services are provided to people who are ready to work. Apply at least one day in advance.

When? December 7th & 21st (both Wed), 10:00AM – 3:00PM

Where? Citizens' Plaza Masse (Maple basement)

Participants: Job seekers age 15 to 49, students, their families, etc.

Cost: Free!

Applications, contact: Ichinoseki Youth Support Station (0191-48-4467)

Notices

Partial Financial Assistance for Children Going to School

Partial financial aid is available for parents/guardians who are having difficulties with sending their children to elementary or middle school for economic reasons. Funds are provided for school supplies, back-to-school necessities, class trips, school lunches, etc.

Intended for:

1. Public aid recipients
2. People who have lost their public aid
3. Households that qualify for a municipal tax reduction or exemption
4. People whose income has decreased due to unemployment, illness, divorce, etc.
5. People who are recognized as qualifying for public aid

How to apply: To get assistance for 2023, apply at the school using the materials provided there.

※ Mid-year applications are due by the end of January.

☎ Oshu Board of Education Administration Dept., School Affairs Section (Esashi Gen. Branch, 34-1632)

Things to Check Before Winter Comes: Don't Let Your Pipes Freeze

When the temperature hits -4°C (24.8°F) or below, your pipes might freeze or burst. Before winter is really here, ensure you know how to turn the valve that drains your pipes – get ready for cold weather well in advance.

How to Drain Pipes (for a circular valve)

- 1) Open the faucets and let any water out.
- 2) Turn the valve clockwise until it stops.

If Your Water Supply Freezes

- If Your Faucets Freeze

Cover the faucet with a towel, and pour warm water over it, slowly and repeatedly. The warmth should melt the faucets.

- If the Water in Your Pipes Freezes

Remove the coldproof cap and insulating styrofoam from the faucet column, wrap the pipes in a towel, and repeatedly pour warm water over them.

※ Hot water may damage pipes or faucets, so please use caution.

☎ For meter reading and disconnections: Waterworks Customer Service Center (25-6700)

☎ For water supply operations: Main City Hall Waterworks Dept. (Esashi Gen. Branch Office, 34-2529)





Emergency Support Funds for Resident Tax Exempt Households

In light of the soaring prices of electricity, gas, food, and other necessities, households are eligible for 50,000 yen of aid.

Eligibility: ① Households that are registered in Oshu by at least September 30th (Fri), and whose members are all resident tax exempt for FY 2022

② Households that have experienced sudden financial changes and are now eligible for resident tax exemption

How to apply: ① If you got a Notification of Aid from the city, you don't need to apply. ② If you got a Confirmation Form or an Application Form, you need to apply by Tuesday, January 31st, 2023.

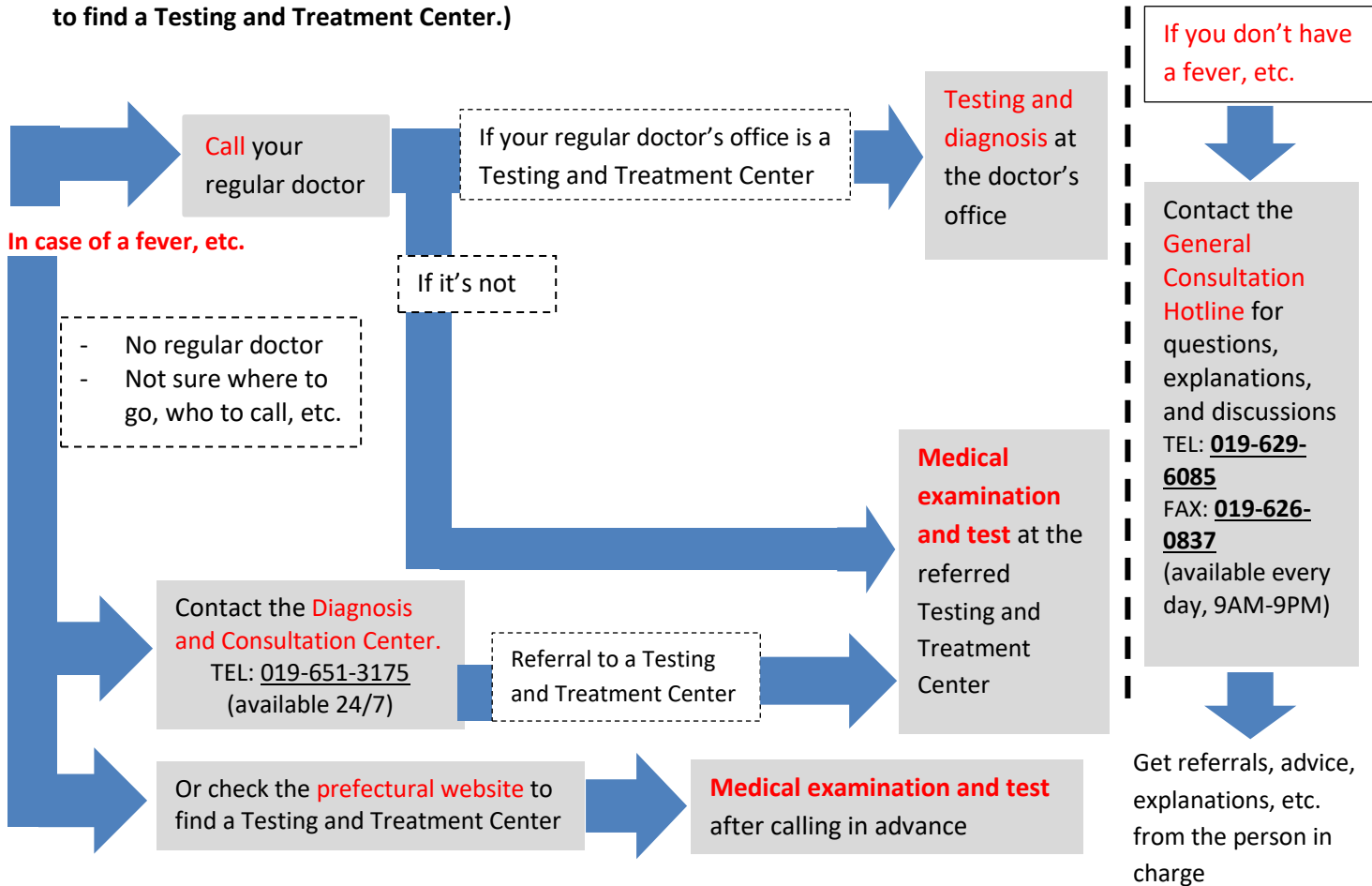
Main City Hall Welfare Dept. (34-2324)

Information on COVID-19

※ Information about COVID-19 is changing all the time. For the most up-to-date info, check the Oshu city website.

Consultations and Diagnosis for Fevers, Etc.

- If you have a fever or similar symptoms, **call your regular doctor first.**
- If you're not sure who to call, **contact the Diagnosis and Consultation Center (or check the prefectural website to find a Testing and Treatment Center.)**



※ Please take thorough precautions to prevent infections and maintain your health; reach out right away if you start to feel unwell.

※ Starting on Thursday, December 15th, the Diagnosis and Consultation Center will become the Iwate Healthcare Followup Center (0570-089-005).