

# November 2022 Oshu City Newsletter



## Sunday/Holiday Doctors

<b>Oshu Kanegasaki Holidays Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 8:30AM – 4:00PM (at the address listed above.)</b>				
Nov. 3 <sup>rd</sup>	Dr. Kajikawa (Kajikawa Clinic)			
6 <sup>th</sup>	Dr. Kashiwagi (Kashiwagi Clinic)			
13 <sup>th</sup>	Dr. Kaneko (Aterui Orthopedic Surgery Clinic)			
20 <sup>th</sup>	Dr. Kamei (Kamei Ophthalmology)			
23 <sup>rd</sup>	Dr. Kamei (Kamei Internal & Gastroenterology Clinic)			
27 <sup>th</sup>	Dr. Kamei (Kamei Orthopedic Surgery Clinic)			
<b>Oshu Kanegasaki Nighttime Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 6:30PM – 9:00PM, every day year-round</b>				
<b>Sunday Dentists (9:00AM – 12:00PM)</b>				
Nov. 6 <sup>th</sup>	Sasaki Dental Clinic	24-5418	7 Mizusawa Yanagi-machi	
13 <sup>th</sup>	Sakuraba Dental Clinic	47-2033	117-1 Isawa Oyama Toge	
20 <sup>th</sup>	Matsumoto Dental Clinic	44-5578	88-1 Kanegasaki-cho Nishine Nishijizono	
27 <sup>th</sup>	Tokiwa Dental Clinic	25-8148	2-1-4 Mizusawa Higashi Odori	
<b>Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)</b>				
Nov. 6 <sup>th</sup>	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
13 <sup>th</sup>	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
20 <sup>th</sup>	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara	
27 <sup>th</sup>	Kuramoto Osteopathic Clinic	22-6788	42-15 Isawa Oyama Kawakita	
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 11PM, every day year-round				

## Notices

### Don't Forget to Apply for Childrearing Support Funds

Support funds are provided once per child. Please see the city website for details.

- National Special Funds for Livelihood Support for Low-Income Childrearing Households

**Eligibility:** Children born between April 2<sup>nd</sup>, 2004 – February 28<sup>th</sup>, 2023

**Amount:** 50,000 yen per child

**Application deadline:** Wednesday, March 15<sup>th</sup>, 2023

- City Emergency Funds for Childrearing Households

**Eligibility:** Children born between April 2<sup>nd</sup>, 2004 – June 30<sup>th</sup>, 2022

**Amount:** 30,000 yen per child

**Application deadline:** Wednesday, December 28<sup>th</sup>

☎ Main City Hall Children & Families Dept. (34-1586)

### Sunday Recycling is Temporarily Canceled

Due to the local festivals etc. going on, Sunday recycling at Sakurakawa Community Center will be canceled for November 6<sup>th</sup>. Other recycling stations will operate as usual.

☎ Main City Hall Environmental Sanitation Division (34-2341)

### Taxes

Property tax (payment #4) and National Health Insurance (payment #5) are due November 30<sup>th</sup>. **Please consider setting up automatic tax payments so you can't forget.**

☎ Tax Payment Division, Main City Hall (34-2227)

## Apply for a My Number Card!

Oshu has set up a range of options for people who haven't yet applied for a My Number card. Please consider using one of these opportunities to apply. For additional details and important notes, please see the city website.

● **Satellite application desks at shops**

10:00AM – 6:00PM at:

Co-op Aterui	On Nov. 5 <sup>th</sup> /6 <sup>th</sup> (Sat/Sun)
AEON Maesawa	On Nov. 19 <sup>th</sup> /20 <sup>th</sup> (Sat/Sun)
Super Supermarket San-ei	On Nov. 26 <sup>th</sup> /27 <sup>th</sup> (Sat/Sun)

● **After-hours application desk**

5:15PM – 8:00PM at:

Main City Hall Citizen Services Dept. and Esashi Gen. Branch Office, Citizen Living Group	On Nov. 2 <sup>nd</sup> (Wed) and every Thursday from Nov. 10 <sup>th</sup> – Dec. 22 <sup>nd</sup>
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● **Weekend application desk (by appointment)**

9:00AM – 12:00PM & 1:00PM – 3:00PM at:

Main City Hall Citizen Services Dept.	On Nov. 13 <sup>th</sup> (Sun), Nov. 19 <sup>th</sup> (Sat), and every Saturday and Sunday Dec. 3 <sup>rd</sup> – 17 <sup>th</sup>
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 Main City Hall Citizen Services Dept. My Number Card Promotion Office (34-2223)

## November Consultation Rooms


**Administrative Consultation**  34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 <sup>th</sup> (Fri) — 1:00PM-3:00PM
	25 <sup>th</sup> (Fri)
Esashi Gen. Branch Office, Citizen Living Group	9 <sup>th</sup> (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	17 <sup>th</sup> (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	22 <sup>nd</sup> (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	10 <sup>th</sup> (Thurs) 1:30PM-3:30PM

**Free Law Consultation**  34-2915

Appointments required


Place	Time & Date
Main City Hall, Gen. Consultation Room	9 <sup>th</sup> (Wed) — 10:00AM
	22 <sup>nd</sup> (Tues) — 4:00PM

**Pension Consultation**  0191-23-4246

Appointments required


Place	Time & Date
Main City Hall	10 <sup>th</sup> (Thurs) 10:00AM-3:30PM

**Free Multiple Debts Consultation with a Lawyer**

 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 <sup>nd</sup> (Wed) — 10:00AM
	15 <sup>th</sup> (Tues) — 3:00PM

**Financial & Lifestyle Stability Consultation**

 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	16 <sup>th</sup> (Wed) — 1:00PM
Esashi Gen. Branch Office, Citizen Living Group	2 <sup>nd</sup> (Wed) — 4:00PM

**Consultations for Oshu Young Adults****☎ 34-1585**

Place	Time & Date
Main City Hall, Children & Families Dept.	Weekdays 9:00AM except - Wednesdays 4:00PM

**Human Rights Consultation ☎ 34-2915**

Place	Time & Date
Main City Hall, Gen. Consultation Room	4 <sup>th</sup> (Fri) 17 <sup>th</sup> (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	15 <sup>th</sup> (Tues) 1:30PM -
Kojo Community Center	4 <sup>th</sup> (Fri) 3:30PM
Koromogawa Health & Welfare Center	10 <sup>th</sup> (Thurs)

**Consumer Affairs Consultation ☎ 34-2915**

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

**Events, Sports, and Classes****November Star-Gazing Events**

- ① Storytime: Mars is Getting Closer
  - ② Star-Gazing Event: Let's Look at Mars, Jupiter, and Saturn!
- When?** November 12<sup>th</sup> (Sat) 7:00PM – 8:30PM  
**Cost** Free!  
**Participants** 30 people (registration required)  
**☎ Location & contact:** Oshu Space and Astronomy Museum (24-2020)

**Fall Colors Light-up at Esashi-Fujiwara Heritage Park!**

Projection mapping (6:00PM – 7:30PM), nighttime restaurant hours (5:00PM – 8:30PM, last order at 7:45PM), food stalls, and more.

**When?** 5:30PM – 8:00PM (admissions until 7:30PM) on Fridays, Saturdays, Sundays, and holidays from October 21<sup>st</sup> – November 13<sup>th</sup>

**Cost** 500 yen for adults, 300 yen for elementary & middle schoolers, free for children under school age

**☎ Location & contact:** Esashi-Fujiwara Heritage Park (35-7791)

### Balance Ball Exercise at Esashi West Gym

**Schedule:**

Nov. 19 <sup>th</sup>	Dec. 3 <sup>rd</sup>	Dec. 10 <sup>th</sup>
Jan. 7 <sup>th</sup>	Jan. 14 <sup>th</sup>	Feb. 4 <sup>th</sup>
Feb. 18 <sup>th</sup>	March 4 <sup>th</sup>	March 11 <sup>th</sup>

※ All Saturdays, 10:00AM – 11:30AM

**Participants:** 12 people/session

**Cost:** 1,000 yen per session

**Application deadline:** Until 5PM on the day before the class you wish to take

**☎ Location & contact:** Esashi West Gym (35-5544)

### Bowling for Beginners

These classes are aimed at adults, including those who have never bowled before, so please feel free to join in. Wear clothes that are easy to move in.

**Schedule:**

Nov. 24 <sup>th</sup>	Dec. 1 <sup>st</sup>	Dec. 8 <sup>th</sup>
Dec. 15 <sup>th</sup>	Dec. 22 <sup>nd</sup>	Jan. 5 <sup>th</sup>

※ All Thursdays, 6 sessions total

Morning course: starts at 9:30AM, for about 3 hours

Afternoon course: starts at 1:30PM, for about 3 hours

**Location:** Bowling QUALIA (26-1 Mizusawa Sakurakawa Michishita)

**Cost:** 2,000 yen per person (covers games, rental shoes, class material, and safety insurance for all 6 sessions)

**Participants:** Limit of 48 people

**☎ Contact:** Japan Professional Bowling Association (Naganuma at 090-7075-5222, from 9AM-9PM)

### Oshu Traditional Performing Arts Festival

This is an event to showcase various regional performing arts, as a part of revival efforts for cultural arts in our superdistrict.

① Oshu Traditional Performing Arts Festival (Maesawa venue)

**When?** November 20<sup>th</sup> (Sun) at 10AM

**Where?** Maesawa Fureai Center

② Esashi Cultural Performance Festival

③ **When?** November 27<sup>th</sup> (Sun) at 10AM

**Where?** Esashi Gen. Community Center

**☎ Contact:** City Board of Education Executive Office, Historical Heritage Dept. (Esashi Gen. Branch Office, 34-1315)

### Job Café: Info Session about Oshu Companies

Come learn about 10 companies based in Oshu. Please see the website for details.

**When?** November 18<sup>th</sup> (Fri) 1:00PM – 3:00PM (front desk opens at 12:30PM)

**Where?** Maple basement (special hall)

**Target audience:** People who want to work in Oshu

**Cost:** Free!

**Application deadline:** Please register in advance if you can (participation is also possible on the day)

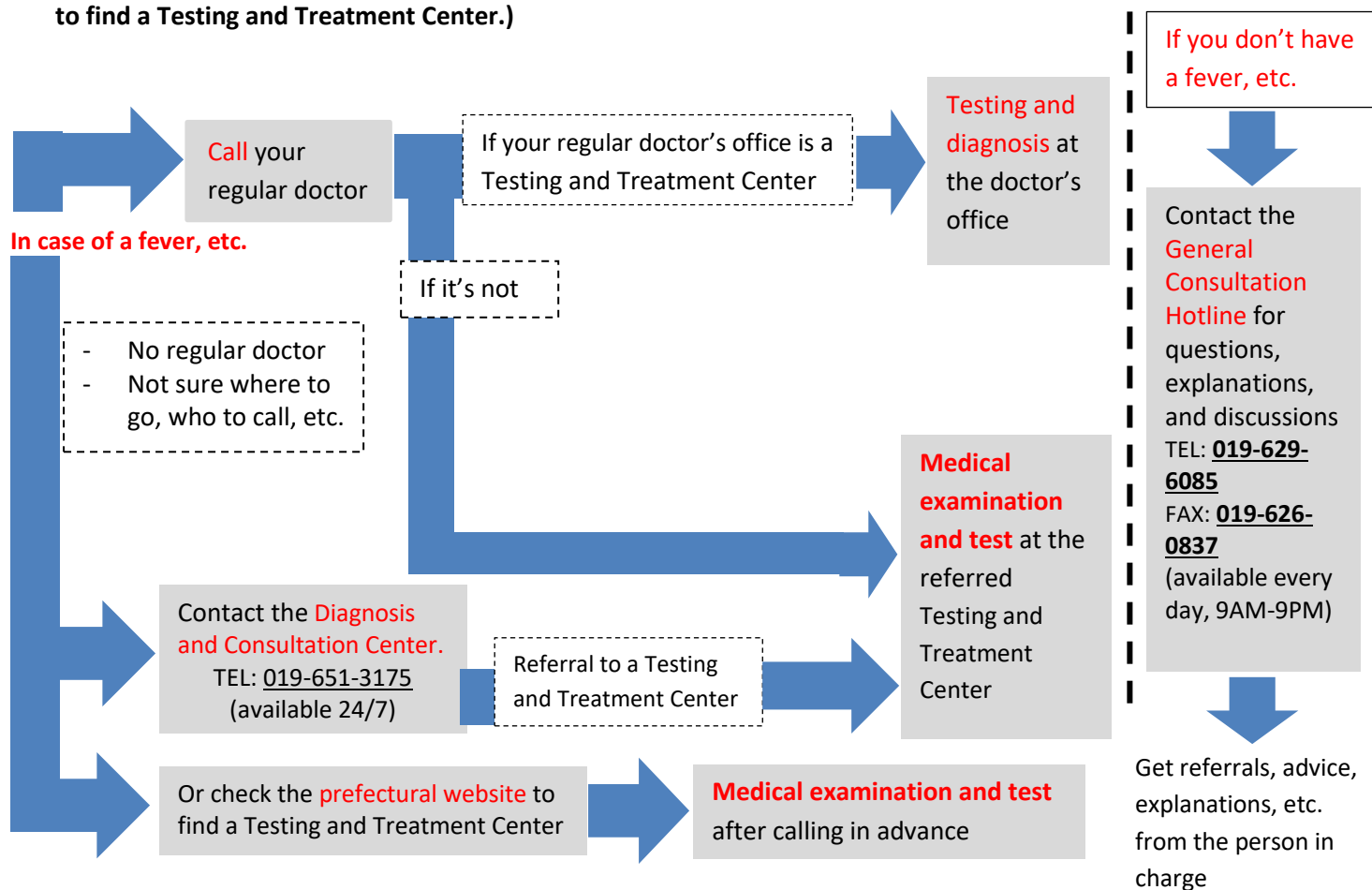
**☎ Contact:** Job Café Oshu (23-6331)

## Information on COVID-19

※ Information about COVID-19 is changing all the time. For the most up-to-date info, check the Oshu city website.

### Consultations and Diagnosis for Fevers, Etc.

- If you have a fever or similar symptoms, **call your regular doctor first.**
- If you're not sure who to call, **contact the Diagnosis and Consultation Center (or check the prefectural website to find a Testing and Treatment Center.)**



※ **Please take thorough precautions to prevent infections and maintain your health; reach out right away if you start to feel unwell.**