

September 2022

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 8:30AM – 4:00PM (at the address listed above.)					
Sept. 4 th	Dr. Abe (Sakura Clinic)				
11 th	Dr. Shimizu (Shimizu Ladies' Clinic)				
18 th	Dr. Arisumi (Arisumi Internal Medicine Clinic).				
19 th	Dr. Ishikawa (Ishikawa Hospital)				
23 rd	Dr. Idzutsu (Miki Hospital)				
25 th	Dr. Ito (Ito Family Clinic)				
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 6:30PM – 9:00PM, every day year-round					
Sunday Dentists (9:00AM – 12:00PM)					
Sept. 4 th	Yoshida Dental Clinic	35-1182	4-13 Esashi Nishiodori		
11 th	Arakida Dental Clinic	47-3323	23-93 Mizusawa Nakamachi		
18 th	Takasaki Dental	47-4182	188-1 Maesawa Aza Takezawa		
25 th	Murakami Dental Clinic	23-5770	7 Mizusawa Aza Sanbongi		
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)					
Sept. 4 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi		
11 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara		
18 th	Kuramoto Osteopathic Clinic	22-6788	42-15 Isawa Oyama Kawakita		
25 th	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Omachi		
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 11PM, every day year-round					

Services may be suspended as a part of COVID-19 prevention measures. For up-to-date information, see the city homepage or call the number below. If you need healthcare on a holiday or at night while these clinics are closed, please contact a city or prefectural hospital.

Contact: Oshu Kanegasaki Administrative Association (24-5821)

Basic First Aid Training

Come learn about AEDs, CPR, the Heimlich maneuver, and how to stop bleeding.

Where & when? Isawa Substation on September 11th (Sun), 9:00AM – 12:00PM

Participants: Anyone middle school aged and up, limit of 5 people

Cost: Free!

Application deadline: September 9th (Fri)

Applications, contact: Oshu Kanegasaki Administrative Association Fire Dept., First Responder Division, Emergency Section (24-7211)

Taxes

Property tax (payment #3) and National Health Insurance (payment #3) are due September 30th (Fri.)

Please consider setting up automatic tax payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Health Classes & Checkups

★Mother (Parent) and Child Health Handbook Distribution

Weekdays 8:30AM – 5:00PM. Bring your health insurance card and your bankbook.

Locations and contact (appointments required everywhere except Mizusawa):

- Mizusawa: Main City Hall Health Promotion Dept. Maternal Health Section (34-2904)
- Esashi: Esashi Gen. Branch Office Health and Welfare Group (34-2523)
- Maesawa: Maesawa Gen. Branch Office Citizen Welfare Group (34-0275)
- Isawa: Health Promotion Plaza Yuyukan (46-2977)
- Koromogawa: Koromogawa Gen. Branch Office Citizen Welfare Group (34-2370)

★ Parenting Classes (by appointment)

For pregnant people who are due in December 2022/January 2023. Make an appointment by September 9th (Fri.)

When? September 12th (Mon), 1:10PM-3:20PM, front desk open until 1:10PM

Where? Mizusawa Health Office

Contact: Main City Hall Health Promotion Dept. (34-2904)

★ Baby Food *Mogu-mogu* Classes (by appointment)

For parents of babies born in January/February 2022. Make an appointment by September 20th (Tues.)

When? September 22nd (Thurs), front desk open 9:30AM – 9:45AM

Where? Mizusawa Health Office

Contact: Main City Hall Health Promotion Dept. (34-2904)

★Group BCG (Tuberculosis) Vaccinations (by appointment)

For babies age 5 months to 1 year. Please make an appointment no later than one day in advance. ※ Individual vaccinations at your healthcare center are also possible.

When? September 15th (Thurs), front desk open 1:00PM – 1:15PM

Where? Mizusawa Health Office

Contact: Main City Hall Health Promotion Dept. (34-2904)

General contact: Oshu Public Health Center (22-2831)

September Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Fri) 1:00PM-3:00PM
	22 nd (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	14 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	8 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	27 th (Tues) 1:30PM-3:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 th (Wed) 10:00AM
	27 th (Tues) 4:00PM

Financial & Lifestyle Stability Consultation ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	21 st (Wed) 1:00PM
Esashi Gen. Branch Office, Citizen Living Group	7 th (Wed) 4:00PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Wed) 10:00AM
	20 th (Tues) -3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Main City Hall	8 th (Thurs) 10:00AM-3:30PM

Consultations for Oshu Young Adults**☎ 34-1585**

Place	Time & Date
Main City Hall, Children & Families Dept.	Weekdays 9:00AM except - Wednesdays 4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	1 st (Thurs) 15 th (Thurs) 1:30PM
Esashi Gen. Branch Office, Citizen Living Group	20 th (Tues) -3:30PM
Seibo Comm. Center	1 st (Thurs)

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Events & Classes

※ The events promoted on this page may be changed, postponed, or canceled to prevent the spread of COVID-19. For the most current information on events, check the Oshu city website.

Free Admission for Students in the Hitakami Superdistrict

The Hitakami Superdistrict includes Oshu, Kitakami, Kanegasaki, and Nishiwaga. Within this superdistrict, elementary and middle schoolers can visit certain museums or memorial sites for free.

Kitakami: Kitakami Museum, the Oni Museum of Kitakami, Kojin Toneyama Memorial Art Museum

Kanegasaki: Kanegasaki Stronghold History Museum, Rokuhara War Horse Museum, Tadashi Chida Memorial Hall

Nishiwaga: Nishiwaga Town Heritage Museum, Kawamura Art & Sketch Museum

Oshu: The Cattle Museum, Isawa Heritage Museum, Koromogawa Historical Museum

Contact: Main City Hall Policy Planning Dept. Planning Office (34-2125)

September Star-Gazing Event

- ① Storytime: Isn't the Harvest Moon a Full Moon?
- ② Harvest Moon Stargazing: We Should be Able to See It Tonight!

When? September 10th (Sat) 7:00PM – 8:30PM

Participants 30 people (registration required)

Cost Free!

☎ Location, applications, inquiries: Oshu Space and Astronomy Museum, 24-2020

43rd Annual Oshu Nambu Tekki Ironware Festival

After 3 years, this festival is coming back! Come see the auction (with products up to 40% off), craft fair, *nambu* ironware display, and appraisal stand; and experience making something out of iron-aluminum, the “kick off the iron *geta*” challenge, the *nambu* ironware fishing contest, and more. The photo contest is also ongoing: Sept. 1st (Thurs) – Oct. 31st (Mon.)

When? September 24th (Sat) 10AM – 5PM and September 25th (Sun) 9AM – 4PM

Where? Oshu Ironware Technology Meeting Hall & Oshu Traditional Industry Museum

☎ (Applications, inquiries): Mizusawa Metal Casting Industry Association (24-1551)

15th Oshu Mannen no Mori Forest Tree Planting

This will be the final Tree-Planting Day; please participate if you can. Apply by September 5th (Mon), and bring a hat, work gloves, boots, etc.

When? September 10th (Sat) 9:30AM – 11:30AM (will continue in light rain)

Where? Oshu Mannen no Mori Park (in Ishida, Maesawa)

Participants 200 local residents

Cost Free!

☎ (Applications, inquiries) Maesawa Gen. Branch Office Local Support Group (34-0261)

Notices

Ichi-Sapo Oshu Room

Support services for people who are ready to work.

Apply at least one day in advance.

Morning: Communication seminar & workplace training

Afternoon: Individual consultations (by appointment)

When? September 7th and 21st (both Wed), 10:00AM – 3:00PM

Where? Citizens' Plaza Masse (Maple basement)

Participants: Job seekers age 15 to 49, their families, etc.

Cost: Free!

Applications, contact: Ichinoseki Youth Support Station (0191-48-4467)

Watch Out for Scams!

By the end of June of this year, specialized fraud had cost the prefecture 67 million yen in damages, 50 million yen more than last year. In Iwate, refund scams by someone posing as a city hall worker have been proliferating, as well as fake invoice scams by phone. If you receive a phone call like these, hang up immediately and report it to Oshu City Police (25-0110) or ask for help at your nearest police box.

Contact: City Crime Prevention Association (in Living Environment Dept. at Main City Hall, 34-2342)

Space Day Composition Contest

Submissions are now being taken for essays or drawings with the theme of preserving our home, the Earth.

Topic: Let's Protect the Earth

Categories: ① Essay ② Drawing (by hand)

Who can submit? Elementary/middle schoolers

Deadline: Space Day (Monday, September 12th)

Where to submit, contact: Oshu Space & Astronomy Museum (24-2020)

Get Screened for Colorectal Cancer

Colorectal cancer is an illness that, if caught early and treated properly, has a high likelihood of being curable. In Oshu, people age 40+ are eligible for screenings, and 40-year-olds may receive their first screening for free. The screening involves providing a stool sample, collected over 2 days, to be tested. Please consider taking advantage of this service.

Contact: Main City Hall Health Promotion Dept. Health Maintenance Section (34-2903) or the health section at your local branch office

Oversize Garbage Collection Notice

Applications must be made in advance to dispose of oversize garbage. Apply by phone or in person at some point before the deadline, at your local branch office (or Main City Hall for Mizusawa.) Please pay the fee on the collection day. ※ No business waste.

Contact: Main City Hall Consumer and Environmental Protection Division, Living and Sanitation Section (34-2341) or the area support group at your local branch office

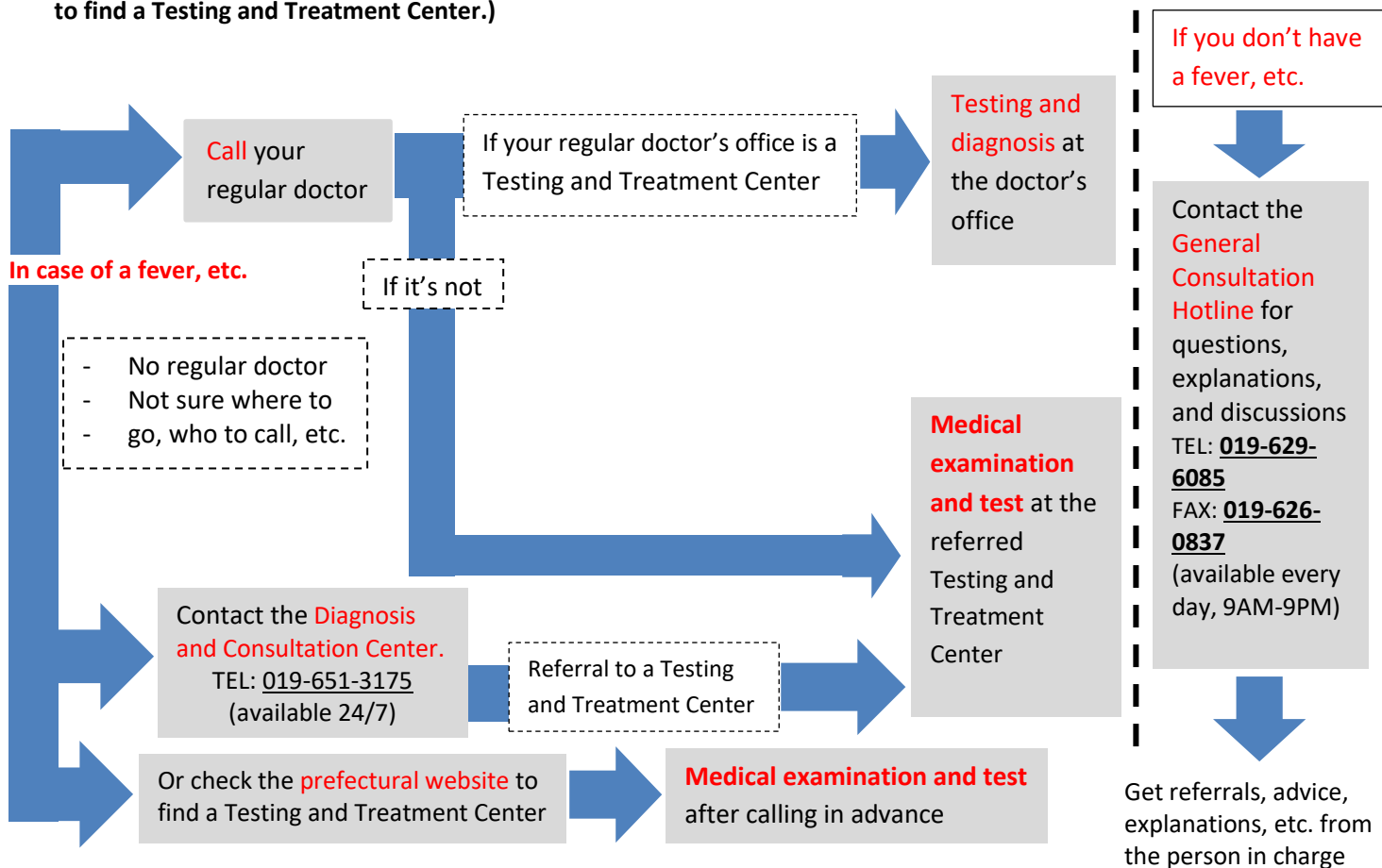
Area	Date	Time	Place	Deadline
Mizusawa	Sept. 3 rd (Sat)	9:00AM – 9:45AM	Mizusawa Sharyo Center	August 31 st (Wed)
		10:15AM – 11:00AM	Mizusawa Minami Community Center	
		11:30AM – 12:15PM	Former Higashi Mizusawa JHS Gym	
Esashi	Sept. 11 th (Sun)	9:00AM – 9:30AM	JA Kaki-no-ki Storehouse (in Hirose)	Sept. 7 th (Wed)
		10:15AM – 10:45AM	Former JA Yonesato Agriculture Ctr.	
		11:30AM – 12:00PM	Kodashiro Comm. Center	
		1:30PM – 3:30PM	JA Esashi Main Office	
Maesawa	Oct. 2 nd (Sun)	9:00AM – 11:30AM	Maesawa Clinic	Sept. 28 th (Wed)
Isawa	Oct. 23 rd (Sun)	8:30AM – 9:00AM	Isawa Atago Community Center	Oct. 19 th (Wed)
		9:30AM – 10:00AM	Kuyozuka Gym	
		10:30 – 11:00AM	Natsuta Community Center	
		11:30AM – 12:00PM	Watanabe Memorial Hall	
Koromogawa	Sept. 10 th (Sat)	9:30AM – 11:00AM	Koromogawa Gen. Branch Office	Sept. 7 th (Wed)

Item type		Cost per item	
Video cassette recorders, stereos, word processors, electric fans, vacuum cleaners, gas stoves, microwaves, <i>kotatsu</i> , stove heaters, bicycles, car batteries, chests of drawers, desks, legless chairs		500 yen each	
Tires (standard cars and smaller)	With wheel	500 yen each	
	Without wheel	300 yen each	
Beds	Frames		500 yen per frame
	Mattresses	Singles	2000 yen per single
		Doubles	3000 yen per double
Sofas		1000 yen per number of seats	
Small agricultural equipment	Mini cultivators	1000 yen each	
	Manual atomizers and weed whackers	500 yen each	
Futons		200 yen each	

Information on COVID-19

Consultations and Diagnosis for Fevers, Etc.

- If you have a fever or similar symptoms, **call your regular doctor first.**
- If you're not sure who to call, **contact the Diagnosis and Consultation Center (or check the prefectural website to find a Testing and Treatment Center.)**



Produced by Oshu City ILC Prom. Division & Oshu City International Relations Association