

## <Health Insurance>

In Japan, there are two types of health insurance. One is workplace health insurance (social insurance) and the other is national health insurance. If you intend to stay in Japan you must take out one of them.

### 1. Workplace Health Insurance (Social Insurance)

People in full-time employment must take out this insurance.

Please see more details at: <http://www.clair.or.jp/tagengorev/ja/f/index.html>

In Japanese, English, Chinese, Korean, Tagalog, Spanish, Portuguese, German, Vietnamese, French, Russian, Indonesian and Thai.

### 2. National Health Insurance

People who do not belong to a workplace health insurance programme must take out this national health insurance.

Please see more details at: <http://www.clair.or.jp/tagengorev/ja/f/index.html>

In Japanese, English, Chinese, Korean, Tagalog, Spanish, Portuguese, German, Vietnamese, French, Russian, Indonesian and Thai.